

# The Heron

Community Magazine

March 2020

Delivered to homes in Christchurch, Euximoor and Tipps End - £1 where sold

No. 71

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# Christchurch

Let's do our bit for Climate change

www.earthhour.org



See page 6 for the full story

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### **TOWNLEY SCHOOL AND PRE-SCHOOL**

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Website: www.townley.cambs.sch.uk

01354 638229

### February 2020





### **Book Sponsorship**

We would like to say a huge thank you to the following for their generous sponsorship of new books for the school:

Ben and Ashley Parsons - former pupils Andrew Sparrow - Fenland Leisure Products Lucy Pye - Little Ducklings Childcare Christina and Andy - The Golden Lion, Stonea Bridget Knowles

Jane Carter - former Pupil Katy at Usborne Books for all her support.

### Early Years

They children in Early Years have been deepening their understanding of numbers, through using real life experience. Each day the children 'buy' their snack and milk, taking it in turns to be the shop keeper! It really is a pleasure to watch.

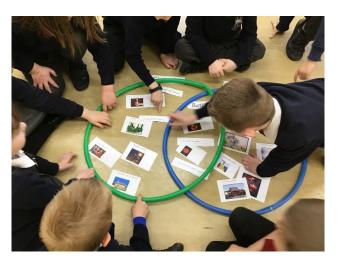


# Religious Education

Hawker Class (Year 1 and 2) have been thinking out the question 'Why is it important to recognise the birth of a baby?' They have been learning about similarities and differences between Christianity and Buddhist customs. The children will be taking part in a christening ceremony at the village church later this month.

### Keep the Date!

Our Friends of Townley School will be holding their annual Fun Dog Show on the 2<sup>nd</sup> May – details to follow.



# **Community Information**

## Mobile Library:

First Tuesday of each month - in the lay-by on Upwell Road - 12:15 - 12:45pm. (Dates on the next page.)

### Mobile Post Office:

Visits Monday to Thursday in the lay-by on Upwell Road Monday and Thursday - 16.30 to 17:00pm Tuesday and Wednesday - 16.10 to 17:00pm Fridays - no service.

Use it or lose it!

### Community Car Scheme:

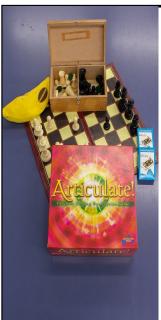
This scheme is still running for Christchurch and surrounding villages. To book a ride or to become a volunteer driver please ring 07902 316360. An additional driver is still required for the scheme. For more information please ring the number above.

## West Norfolk Transport Project ~ Marshland Dial-A-Bus

On Wednesdays a service runs to King's Lynn, with pickups in Christchurch and Tipps End. Bookings can be made Monday to Friday (except Bank Holidays) 9am-4pm, starting on the Monday prior to the week of the journey. Remember to mention if you use a wheelchair, take a trolley, use a walker, or any other aids. Upwell Health Centre has information leaflets.



For fares, times and bookings please call 01553 770310.



# New for 2020! Games Club for Adults

Every Monday 2-4pm Chatteris Library

Feeling bored? Come and try a selection of board games or bring along your favourite game and find a partner to play with. No need to book. No charge though donations are always welcome. Talk to staff to find out more.

Chatteris Library, 2 Furrowfields Road, Chatteris, PE16 6PT - Tel: 0345 045 5225

## **Local News**

#### Neale-Wade

Well done to Neale-Wade pupil, Keeley Lusher-Glenister who was recently runner-up in the East of England, Rotary Young Chef Regional Competition. Really very impressive.

Thanks to Ms Sinclair for her fantastic support in getting Keeley this far!

Well done Keeley and Neale-Wade! - Ed

Congratulations to our MP - the Rt Hon Steve Barclay - on his move to the Treasury.

Recently, Steve has spoken out against the proposed incinerator in Wisbech.



www.fenlandcitizen.co.uk/
news/mp-steve-barclay-says-im-on-it-ashe-speaks-out-against-deeply-flawedplans-for-wisbech-waste-incinerator9098428/

# **Editorial**

Welcome to the March edition of "The Heron".

As I look through this month's magazine, I am struck by just how much is going on in our village. As well as all the Eco stuff, which places our small village in the forefront of the environmental movement, we have a plethora of clubs organisations and events which we can become involved in.

Speaking personally, I retired about two and a half years ago, leaving a demanding and time-consuming job (teaching!) - and I wondered what I would do to fill my time....also a little anxious that I would be lonely after working in a team. I should not have worried - the warm welcome I have received at the activities I have participated in has been amazing and I have made some great new friends. Lonely?....not me!

However, it takes nerve to join a group for the first time. So, if you are "dithering", I urge you to grasp your courage and go along to something that looks interesting...also if you are already a member of a group, invite a friend. I had been "dithering" about joining the WI for a while, until Viv Haresnape (many will remember Viv and her husband Paul who left the village about a year ago) said "I think you will enjoy this" - and I am so glad she did!

So, take a look through the magazine and find something which suits you and give it a go, you wont regret it!

Sheila Day

# **DIARY DATES**

Abbreviations for commonly used venues:

TS = Townley School, CCC = Christchurch Community Centre, PE14 9LL

TH = Three Holes Village Hall, UH = Upwell Village Hall, WH = Welney Village Hall

Weekly Ever	nts
Mondays	Breakfast Club at the Dun Cow - 9.30 - 11.30am
Wednesdays	Forever Active-"Strength and Balance" - 9.30 -10.30am - FIRST CLASS FREE- CCC
	Rainbows, Brownies & Guides 5-15pm onwards - CCC
Fridays	"Coffee, Cake, and Chat" - 2.00 - 3.00pm - Parish Church (EXCEPT 6 <sup>th</sup> March)
	Fish & Chip Supper at The Dun Cow - 5.00 - 8.00 pm

General E	vents
Mar1 <sup>st</sup>	Lent Lunch - 12.15pm onwards - Parish Church (see page 9 for further details)
Mar 3 <sup>rd</sup>	Mobile Library - 12.15-12.45pm
Mar 3 <sup>rd</sup>	Craft Club—7.00- 9.00pm - CCC (Zentagle) - <b>Please bring a fine-tipped black pen</b>
Mar 8 <sup>th</sup>	"Rocketman" - 2.00pm - Three Holes Cinema
Mar 8 <sup>th</sup>	Quiz - 5.00pm - The Dun Cow
Mar 10 <sup>th</sup>	Art Group - (Pastels & Pastel Pencils Recap) 1.30-3.30pm - CCC
Mar 10 <sup>th</sup>	WI - MellyMade Designs - Open Meeting - 7.00pm - CCC
Mar 11 <sup>th</sup>	Lunch Break - 12-2.00pm - CCC - Bring Your Own Lunch
Mar 14 <sup>th</sup>	Lent Lunch - 12-2.00pm - Pear Tree Farm (see page 9 for further details)
Mar 17 <sup>th</sup>	Gardening Club - 7.00pm - CCC (Pauline Harper - Growing Veg for the Kitchen)
Mar 24 <sup>th</sup>	Book Club - 7.30pm - Kay Miller's House, Brimstone Manor, 6ft Bank
Mar 24 <sup>th</sup>	Art Group - (Acrylics) - 1.30-3.30pm - CCC
Mar 25 <sup>th</sup>	Lunch Break - 12-2pm - CCC - <b>Bring Your Own Lunch</b>
Mar 28 <sup>th</sup>	Dun Cow Pub Sign Competition Closing Date
Mar 29 <sup>th</sup>	Jazz Club - 12.30pm - CCC
April 5 <sup>th</sup>	Over 65s Parish Lunch - CCC
April 6 <sup>th</sup>	Friends of the Heron AGM - 6.30 for 7pm - CCC

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March 1 <sup>st</sup>	11.00am	A Day	All Age Worship followed by Lent Lunch
March 6 <sup>th</sup>	2.00pm	World Day of Prayer	Service At Christchurch
March 8 <sup>th</sup>	9.30am	Revd L Brady, V Smith	Holy Communion
March 15 <sup>th</sup>	3.30pm	D Morris	Evening Prayer
March 22 <sup>nd</sup>	11.00am	R Holding	Morning Prayer
March 29 <sup>th</sup>	10.00am	Revd S Tooke	United Communion, Manea
Every Friday	2.00-3.00pm	(EXCEPT 6 <sup>th</sup> March)	Coffee, Cake and Chat in the Church

### Daphne and Andrew

**Advertisers** - all our advert rates and conditions can be found on our website <a href="www.theheron.info">www.theheron.info</a>.

Business advertisers can book series of 6 or 12 adverts, paid in advance. Adverts for village fundraising events, personal announcements, or small private ads are usually free.

**Copy Deadline** - The deadline for copy for the April edition of the Heron is **26th March**.

At the time of going to press, all information is as accurate and up to date as we can make it. Changes and updates may be published subsequently. All information contributed by outside agencies, including dates etc., will be assumed to be correct.

NB as a matter of courtesy no content from the Heron should be used without prior permission.

# **Your Letters**



Hi there, I am working on a feature for the Fenland Resident magazine called 'Looking Back,' and I wondered if you could put me in touch with anyone who would be willing to do a phone interview about their personal memories of living in the Fenland area?

If you could let me know if you are able to help with this it would be appreciated.

Thank you & kind regards,

Emma Rice Emma.Rice@archant.co.uk

To all our friends in Christchurch,

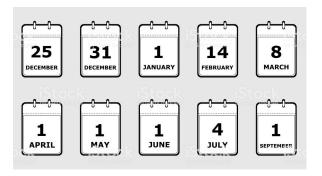
It was with great sadness (on my part, at least) that we left Christchurch for pastures new.

Having lived in the village for eleven years, we had made some great friends, and enjoyed village life – indeed, I miss my weekly bowls, and our get-togethers. However, we are settling in, and Bandit is enjoying exploring the many new walks, not to mention our "wildlife" garden.

I have some lovely memories of Christchurch and am sorry for not saying goodbye to everyone - no excuses. It was just a hard, difficult time for me.

Every good wish to you all.

**Margaret Beswick** 



### Hello

I posted on Facebook a few days ago about the Osler family and it was kindly suggested that I email The Heron. I am in the process of building my husband's family tree, and his Paternal Grandmother was a Sarah Elizabeth Osler, born 22nd December 1907. Her birth was registered in the North Witchford district, and I have found her in both the Wimblington and Southery areas. She gave birth to a daughter on 6th April 1925 at Bedlam Farm, Wimblington and then she appeared in the Cambridge area where she married a Frederick George Collings. As far as I can find she didn't bring Pansy with her, I believe she may have remained with an Aunt in the Wimblington area. Any trace of Sarah disappears after 1945, I can find nothing for her, not even a death certificate. I know she left Frederick, and allegedly took her daughters with her, leaving the boys with their father, but where she went, I do not know. I just wondered if anyone had any knowledge of the family or the farm that they would be happy to share. Who knows - we may even find a long, lost cousin!

I can be contacted at 21, Marshalls Close, Teversham, Cambridge, CB1 9AR and if you need any further information please don't hesitate to contact me.

Kind regards Sara Collings

We would just like to say a HUGE "Thank You" to all those people who supported the Craft Club Fundraiser - Curry & Quiz Night on 31st January. We had fun hosting the evening and were so pleased to have raised over £300 to help fund materials and speakers for the foreseeable future.

Elaine & James Hughes

# Save the Date!

4th April	Christchurch Litter Pick, CCC
5th April	Over 65s Parish Lunch, CCC
6th April	Friends of the Heron AGM, CCC
12th April	Downton Abbey - Welle Cinema
18th April	Church Spring Clean
8th May	VE Day 75th Anniversary Celebration

### **Letters to the Editorial Team**

The Editorial team welcome letters from its readers. Please email letters to: editor@heron.info or post them to *The Editor of The Heron, Grasshopper Cottage, 5 Upwell Road, CHRISTCHURCH, PE14 9LF.* 

**PLEASE NOTE** Letters will only be considered for publication if they are accompanied by name and contact details - names will be published, but not contact details. The Heron will not share any contact details unless given permission.

The team look forward to hearing from you!



Started by World Wildlife Fund (WWF) and partners as a symbolic lights-out event in Sydney in 2007, Earth Hour is average temperature and rainfall, or an alteration in now one of the World's largest grassroots movements for the environment. Held every year on the last Saturday of March, Earth Hour engages millions of people in more than 180 countries and territories, switching off their lights to show support for our planet.

But Earth Hour goes far beyond the symbolic action of switching off - it has become a catalyst for positive environmental impact, driving major legislative changes by harnessing the power of the people and collective action.

With your support, Earth Hour 2020 could be a spotlight moment that puts nature at the centre of international conversations. Together, we can speak up and show world leaders and other decision-makers around the globe that nature matters and urgent action must be taken to reverse nature's loss.

#### HOW LONG DOES IT TAKE TO DECOMPOSE?

PAPER TOWEL - 2-4 WEEKS

BANANA PEEL - 3-4 WEEKS

PAPER BAG - 1 MONTH

NEWSPAPER - 1.5 MONTHS

APPLE CORE - 2 MONTHS

CARDBOARD - 2 MONTHS

COTTON GLOVE - 3 MONTHS

ORANGE PEELS - 6 MONTHS

PLYWOOD - 1-3 YEARS

WOOL SOCK - 1-5 YEARS MILK CARTONS - 5 YEARS

CIGARETTE BUTTS - 10-12 YEARS

LEATHER SHOES - 25-40 YEARS

TINNED STEEL CAN - 50 YEARS

FOAMED PLASTIC CUPS - 50 YEARS

RUBBER-BOOT SOLE - 50-80 YEARS

PLASTIC CONTAINERS - 50-80 YEARS

ALUMINUM CAN - 200-500 YEARS

PLASTIC BOTTLES - 450 YEARS

DISPOSABLE DIAPERS - 550 YEARS

MONOFILAMENT FISHING LINE - 600 YEARS

PLASTIC BAGS - 200-1000 YEARS.

WE REQUEST YOU, PLEASE SHARE THIS PIECE OF INFORMATION IN YOUR NETWORK AS MUCH AS YOU

THIS WILL CREATE AWARENESS AMONGST PEOPLE THAT PLASTIC IS ONE OF THE MAJOR REASONS RELATED TO THE GLOBAL GREEN HOUSE EFFECT.

\*PLEASE SUPPORT A GREEN ENVIRONMENT\*.

## **Climate Change Jargon Buster**

What exactly is...

**Biofuel** - A fuel derived from renewable, biological sources, including crops such as maize and sugar cane, and some forms of waste.

Carbon footprint - The amount of carbon emitted by an individual or organisation in a given period of time, or the amount of carbon emitted during the manufacture of a product.

Climate change - A pattern of change affecting global or regional climate, as measured by yardsticks such as frequency of extreme weather conditions. This variation may be caused by both natural processes and human activity. Global warming is one aspect of climate change.

**Deforestation** - The permanent removal of standing forests that can lead to significant levels of carbon dioxide emissions.

**Global warming** - The gradual increase in global average temperature.

Greenhouse gas - A group of gases that, due to their chemistry, trap heat and warm up the Earth's climate via the greenhouse effect.

Greenhouse gas emissions - Releasing any of these greenhouse gases into the air is known as greenhouse gas emissions, sometimes shortened to GHG emissions. Greenhouse effect - The process where greenhouse gases in the atmosphere trap some of the sun's heat and stop it radiating back out to space, making the planet warmer than it would be otherwise. Like an insulating blanket around the planet.

**Net zero carbon** - Net zero carbon means that some carbon is emitted, but only an equal amount to what is absorbed, so the net effect is carbon neutral. A good example is burning wood for energy: it emits carbon, but only the same amount as the trees previously absorbed when they were alive.

Soil carbon - The amount of carbon stored in the soil.

Source: WWF

## **SAFETY FIRST on Earth Day**

DURING THE SWITCH-OFF HOUR:

1. NEVER LEAVE A LIGHTED CANDLE UNATTENDED.

### **HUGE FIRE RISK**

2. DON'T PUT YOURSELF OR ANYONE ELSE AT RISK OF TRIPPING OVER THINGS OR PETS WHEN LIGHTS ARE OUT.

**USE A TORCH TO GET AROUND YOUR HOME.** 



### Sunday 8th March 2pm ROCKETMAN (15)

ROCKETMAN is an epic musical fantasy about the incredible human story of Elton John's breakthrough years. The film follows the fantastical journey of transformation from shy piano prodigy Reginald Dwight into international superstar Elton John. This inspirational story — set to Elton John's most beloved songs and performed by star Taron Egerton — tells the universally relatable story of how a small-town boy became one of the most iconic figures in pop culture. ROCKETMAN also stars Jamie Bell as Elton's longtime lyricist and writing partner Bernie Taupin, Richard Madden as Elton's first manager, John Reid.



### Sunday 12th APRIL 2020, 2pm: DOWNTON ABBEY (PG)

Michael Engler's Downton Abbey is a reboot of the television series of the same name. The film picks up the saga of the Crawley family and their mostly loyal servants in 1927.

### LOOK OUT FOR DETAILS OF THE WELLE CINEMA, VE DAY CELEBRATION over the

weekend of 8<sup>th</sup>—10<sup>th</sup> May. We have applied for a grant to "Norfolk Armed Forces Covenant 2020 Commemoration Fund" to help make our VE Day celebrations a special part of the events taking place across the parish.

NO NEED TO BOOK - Admission is £3 per person. Doors open 30 minutes before screening commences.

Refreshments and licensed bar available. Tel. Hilary on 01945 773710

THREE HOLES VILLAGE HALL Charity No. 304483

Junction of Main Road & Squires Drove, Three Holes, PE14 9JY



## HYPHENATED NON-HYPHENATED THE IRONY!

### Why does the Welney road flood?

The Ouse Washes are part of a flood defence system. They are an uninhabited area of nearly six thousand acres that provides storage for floodwater that the River Great Ouse cannot discharge directly into the sea (at Kings Lynn) without overflowing its banks. The excess waters are held within the washes until tides and river flows allow discharge back into the river and thence the sea. This can take a few days or a several weeks.

Unfortunately, this essential safety feature results in regular flooding of a section of the A1101 main road where it crosses the washes between Welney and Suspension Bridge. This part of the road is known as the Wash Road or Welney Wash Road, but referred to as Welney Causeway by the Environment Agency (EA), the authority responsible for flood protection and drainage.

Extract from the Welney Website

### Police and Crime Commissioner's Youth and Community Fund

The Police and Crime Commissioner's Youth and Community Fund aims to support youth and community groups to deliver activities to;

- Support preventative work and early intervention approaches to divert young people and vulnerable adults away from offending and re-offending;
- Build relationships with young people improving engagement between young people, their communities, and organisations working in them.
- Promote the involvement of young people in building community resilience to crime and vulnerability through active participation aimed at building better understanding of the needs of young people;
- Work to reduce the vulnerability of young people and lessen the chance of them becoming a victim of crime.

This Fund is open to voluntary and community organisations who can apply for grants of up to £3,000 towards their project. More information about the terms and conditions of the funding can be found in the guidance document here https://www.cambridgeshire-pcc.gov.uk/get-involved/funding/

Applications made during the financial year will be considered on a case by case basis, subject to demand.



# The Heron

SAVE THE DATE – APRIL 6th at 6.30 for 7pm Our AGM in Christchurch Community Centre.

Support your village magazine and come along. The Heron Team are all volunteers who have a passion for our magazine. It costs about £340 to produce **each month**. All that money has to be raised.

Adverts provide 41% which = (roughly) 5 issues. Regular donations in the past accounted for another 2 issues (roughly), which we hope will continue. That leaves 5 issues to cover - \$1,700 plus expenses. Let's say we need to find at least \$2,000 a year to break even:

20 people giving £100 a year OR 40 people giving £50 a year OR 100 people giving £20 a year

We hold a few Fundraising events a year which do help, but only if they are well attended. Think how you can help keep The Heron going!



Bring your own Lunch. Hot drinks provided. The kettle is always on! Meet up with old friends and make some new ones! We'd love to see you. Everyone welcome!

### Nate's Squirreling Nutters

It's been a very busy month for Christchurch Eco, and our band of incredible "squirrelling nutters". Following on from the success of our first ever Christchurch Eco litter pick which resulted in the creation of Christchurch Street pride, Christchurch Eco is now forming Christchurch's own Green Dog Walker scheme.

The green dog walker scheme aims to change attitudes about dog fouling and encourages responsible dog ownership whilst reminding others that they need to pick up after their dog has fouled and kept them under control. It's a nationwide scheme backed by Fenland District council, and other towns and villages that have this in place have seen great results.

Here, with our community programmes in place, we're seeing a marked increase in the amount of recycling in our "stations". This means our "Squirrelling Nutters" are busier than ever emptying and sorting our recycling. We are getting so busy, we actually need more help, with everything; from sorting and cleaning our recycling stations, to helping with packing and shipping our items.

SO- what did we "squirrel away" this month? Well, the community deposited 25kg of crisp packets, 1kg of oral care products, 17.5kg of pet food pouches, 3.3kg of pringle pots, and a whopping 52kg of batteries. This incredible figure, along with previous shipments, means our amazing community has stopped 123kg waste going to landfill. AND - a huge £60 has been raised for Townley School. Also, our Terracycle points have just been added, and you have helped us raise an additional £25.00 for Townley School and Pre-School

The group's success is down to the whole community in Christchurch, and we are growing stronger every day. I want to thank everyone for their support. It's been humbling to see our amazing people banding together to support our local school, and build a better community for everyone. The children of Townley School are our future, so let us keep growing, and continue building the foundations for a better World for them. **Nate Lansdell – Founder of Christchurch Eco.** 

If you can volunteer some time to help our squirrelling nutters drop us a message on our Facebook page Christchurch Eco Friends, or email me at hello@christchurcheco.co.uk. And please visit our website www.christchurcheco.co.uk

### THE OXFORD COMMA ... ??????

Sir Philip Pullman, the award-winning author of the "His Dark Materials" series, said on Twitter: "The 'Brexit' 50p coin is missing an Oxford comma, and should be boycotted by all literate people." Stig Abell, the editor of the Times Literary Supplement, also lamented the coin's punctuation, saying: "Not perhaps the only objection, but the lack of a comma after 'prosperity' is killing me."

Peace prosperity p and c friendship with all nations showryzan

Schools have always taught that when a list is written, no comma is needed before the word "and". However..... The Oxford comma is an optional comma before the word 'and' at the end of a list: We sell books, videos, and magazines. It's known as the Oxford comma because it was traditionally used by printers, readers, and editors at Oxford University Press. Not all writers and publishers use it, but it can clarify the meaning of a sentence when the items in a list are not single words: Without an Oxford comma: "Her favourite foods were chocolate, marshmallows, cake and chicken." With an Oxford comma: "Her favourite foods were chocolate, marshmallows, cake, and chicken."

"There are people who embrace the Oxford comma, and people who don't, and I'll just say this: never get between these people when drink has been taken." So says Lynne Truss, author of the hugely successful punctuation bible "Eats Shoots & Leaves".

### Do you know any teens aged 14 to 16 who would be interested in joining our new 'Kickstart' youth football programme?

In partnership with Cambridgeshire Football Association and Freedom Leisure Fenland, we'll be launching the programme on Friday 28 February at Neale-Wade Academy.

It will consist of 26 weeks of football activities and will encompass an FA qualification, coupled with a bespoke football club support package for the development of young leaders in the community.

For more information see our website here -> www.cambs.police.uk/ news-and-appeals/Fenland-Kickstart





**Jan 11<sup>th</sup> -** A comfortable win against March academy reserves. 6/0

Jan 25<sup>th</sup> - Christchurch Magpies against Fen Tigers Engineers at Chatteris; following a week's postponement, we faced Fen Tigers Engineers, and after 49 minutes, we had a break through. Rob N Munden scored. Fen Tigers then scored later in the second half, so points were shared.

Feb 8<sup>th</sup> - Due to a change of venue. AFC Christchurch faced Little Downham at Elv. in a battle to stay top of the league. We got off to a fantastic start, scoring in the opening minutes. Minutes later we scored our second. Unfortunately, Little Downham pulled two back. Little Downham then went 3/2 up. Christchurch battled on, with one player having to be taken off, due to a head injury from a dubious tackle. Eventually, Christchurch pulled the score back to 3 all, having had two goals disallowed due to bad refereeing decisions. The Magpies battled hard to remain top of the league.

Feb 22<sup>nd</sup> - Final score AFC 2 - Witchford 96 Reserves 0 . A big 3 points and clean sheet against a strong team! The result takes us back to the top temporarily.

# Lent Lunches

Sunday March 1st ~ 12.15pm. Come and join us in Church after our All Age Worship Service.

All welcome at the service and/or the lunch.

Saturday March 14th any time between 12 and 2pm at Pear Tree Farm, Padgetts Road - the home of Andy and Sheila Day

Homemade soups, bread and cheese will be served from 12.15pm onwards. There will be no charge for the lunch, however, any monetary donations will go to The Ferry Project in Wisbech and donations of non-perishable food will be taken to The March Food Bank.

For catering purposes please let me know numbers beforehand. Helen ~ 07702 225259/638092 or Sheila ~ 07946 635908

# Sudoku

5	4			2		8		6
	1	9			7			3
			3			2	1	
9			4		5		2	
		1				6		4
6		4		3	2		8	
	6					1	9	
4		2			9			5
	9			7		4		2

Sudoku Answers on Page 22



OUTWELL THURSDAYS ~ 9.30AM

OUTWELL VILLAGE HALL 136, WISBECH ROAD, OUTWELL

PLEASE CONTACT CONSULTANT JO 07527 646062 FOR FURTHER DETAILS

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There was a small amount of business but this month's meeting was mainly a social evening. We enjoyed a supper of Fish & Chips, followed by Ice Cream.



We were joined by a couple of potential new members -Helen and Katie.

The evening was rounded off by a short game involving the contents of our handbags and a sing-along session.

The next meeting will be an open meeting (see page 22) held on Tuesday 10 March where we will be joined by Melanie Missin-Keating of MellyMade Designs who will be demonstrating crafts using recycled and scrap fabrics.

Competition – "An animal made from a fruit or vegetable"

Refreshments – Belinda, Sandra L Raffle – Kay, Annie, Sylvia W, Sandra K

## Christchurch Book Club

Book club met on 25<sup>th</sup> February. We had been reading "Secrets of the Homefront Girls" by Kate Thompson.

This book was very enjoyable. Based in East London, it involved a group of factory girls who worked for the cosmetics firm Yardley - they are known as the lavender girls. The girls are very much affected by the outbreak of WW2 and the book charts its impact on the factory, their community and their personal lives.

Our next meeting will be on Tuesday 24<sup>th</sup> March, 7.30pm at Kay's, Brimstone Manor, across the other side of the 16ft (take the bridge opposite the Wheatsheaf). We shall be discussing "Little Dorrit" by Charles Dickens - although it will be interesting to see how many of us finish it ...its a very long book! New members are always welcome, we are a friendly bunch! We read one book a month and no one worries if we do not get to the end (either because we didn't like it or that we simply ran out of time!) Books are supplied by the library, although some prefer kindles or audio-books.

Regular members only - please note we have been charged our annual fee for the services our library provides. There is no obligation to contribute, but if each member could bring £3 - £4 to the next meeting it would help to cover this expense new members, please make sure you ignore this bit!

For more information please contact Sheila Day on 07946635908.

For people who like to be organised, the dates for future meetings are:

April 28, May 26, June 23, July 28, August 25.

# Christchurch Art Group



We meet in the Community Centre on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 1.30 – 3.30 pm. Our last two sessions this term in March are Pastels and Acrylics.

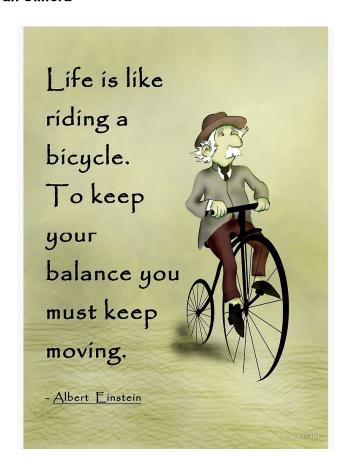
Our summer programme will, as usual, start with a recap, this time on all the various brushes we use. Our group is friendly and relaxed. We are all enjoying the sessions and trying out new ideas and techniques. We now have places available to welcome some more members. Even if you have never picked up a pencil or brush before there is plenty of help available. No need for previous experience. We all work at our own level, plenty of tuition is offered.

We look forward to new members giving art a try. All materials will be available to borrow until you have your own. We have a tutor to lead and teach us, but we can also gain ideas and inspiration from each other. All artists have their own special style and approach so we have a lot of variety and enjoy ourselves.

Do contact Sandra (638478) or Jan (janandcliff@brimstone46.plus.com) for more information, or pop along during the session to see what we are up to.

(As usual you may always bring along your own project to work on if you prefer and I will help.)

### Jan Clifford





# Christchurch Gardening Club

Like most things in life it goes in circles and so we find ourselves back once again at the clubs most important meeting of the year. The committee was re-elected unanimously with the addition of a new committee member, Jenny Head from Tipps End, who I'm sure will become a valued member of our team, which is Chairman Steve Hawthorn, Secretary Marion Hawthorn, Treasurer Peggy Warby, ably assisted by Tracy Day, Sandra Kay, Jenny Farnsworth, Graham Warby and Jenny Head. It always feels like a new start and a new year when all the members get together again after what seems like a long winter hiatus.

Once again, this year our secretary Marion has excelled herself with the exciting calendar of speakers and trips that she has put together for the club. Next month March 17<sup>th</sup> we have Pauline Harper an expert on growing Veg for the kitchen. April 21<sup>st</sup> will find David Reeve giving us the lowdown on the Sandringham Flower Show. While on Sunday 17<sup>th</sup> May the club will embark on a coach trip to the National Flower Show in Chelmsford. Two days later on the May 19<sup>th</sup> Ian Collison will give a talk called " Flowers by the Millionsead." Ian supplies most of the big supermarkets and garden centres with cut flowers and has promised to bring along lots of examples for the members to buy. Tuesday 16<sup>th</sup> June will find us dining together for our Annual Summer Buffet. Always a pleasure that one! Janet Potten from Upwell will welcome the club to visit her

garden on Tuesday July 21<sup>st</sup> and Roger Gore-Rowe will explain about Orchids in General on 18<sup>th</sup> August. September we are privileged to play host to the man the RHS call "The Hyacinth Man" Alan Shipp. A subject that often seems shrouded in mystery is the far eastern Bonsai tree, I feel sure Mark Mooney will dispel all such mystery when he comes to the club on Tuesday 20<sup>th</sup> October. The final meeting of the year will be on November 17<sup>th</sup> when the members will be treated to a Cockney Night.

May I point out that all meetings are open to non-members or those of you who would like to join, just turn up on the night you will be most welcome.

Alternatively call Marion or Steve on 01354 638 230.

Steve

At our first meeting of the year, we learned Macrame with Jane Rees.
Using just 8 long lengths of cotton
Macrame cord, some tape and a ruler,
we all made a simple Macrame plant
holder. Macrame is produced by simple



knotting techniques. Some of us tied ourselves in knots for a while trying to work out how to lay the left cord over the 2 centre cords and under the right before threading the right cord under the centre cords and up over the cord on the left......It wasn't easy to hold a conversation while trying to work out our lefts from rights but, eventually, we all mastered the technique and some even went on to make a more advanced Macrame strand. It was good fun learning a new craft (thanks to Jane) and great to welcome two new members. Hope you enjoyed yourselves ladies and will join us again next month.

Thank you to Sophie and Olivia who didn't want to try Macrame so spent the evening organising and labelling our craft boxes. Well done girls. Thanks also to the Parish Council for giving us a grant. This will help us to pay for the hire of the Community room every month, giving us a chance to use our funds to buy some more craft materials and pay out for more demonstrators.

Next month (March 3rd at 7pm) we will be having a go at Zentangle art. Zentangle is an easy, relaxing and fun way to create beautiful images by drawing structured patterns. Zentangles are created by using a series of dots, lines, simple curves and orbs. By the end of the session we should all feel relaxed and hopefully have some beautiful pictures which could be framed or used to make Greetings cards. If you have fine liner pens, please bring them along with you. We will have a few to share with those that don't have one.

New members always welcome. For enquiries, please ring Sandra Lloyd on 638956.







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You'll find more great reasons to choose wool at www.campaignforwool.org



The 2020 Christchurch Parish Lunch will take place on Sunday 5th April - 12.30 for 13.00 at Christchurch Community Centre, Upwell Road, Christchurch, Cambs PE14 9LL

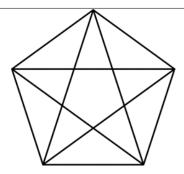
The Parish Lunch is free and open to everyone that lives in the Parish who is 65 and over or who has a partner that is.

To book your place, to arrange transport (if required) or if you have any other queries about the event, please contact Ruth Ingram on 01354 638419.

If you book a place and are then unable to attend, we would really appreciate it if you could let us know.

Thank you.





How many triangles can you spot? (a) 26 (b) 32 (c) 35 (d) 39 Answer on page 22.

# The Over 65s Parish Lunch - A Potted History for the new, eligible Christchurch residents.

"What is the Parish Lunch?" The Parish lunch is a long-standing Christchurch tradition (started in 1952) whereby a committee of volunteers provide a lunch (and entertainment), once a year, for residents in the parish of Christchurch who are over the age of 65.



Parish Lunch - Photo circa 1963

It seems that the gathering started out as an afternoon tea in January 1952. Whilst we have found no evidence as to why this event started in the first place, one theory is that some of the more affluent residents joined together to form the committee to provide tea for the more poorly paid labourers.

Guests at the Lunch nowadays can expect a glass of sherry or juice on arrival at the hall, then a three-course lunch with wine, followed by tea, coffee and mints. After dinner we provide some sort of entertainment in the form of a singer, duo or band – with some guests even getting up for a dance! If you or your partner are 65 or over, and you are a Christchurch Parish resident, why not come along? You won't regret it!

### **Crumbs from The Good Book**

By our very own Church Mouse....

Ebenezer says he's GOT IT when it comes to understanding LENT

As he is taking some time off (to consider his priorities?), he has given us this to think about, instead of his usual ramblings.



### PLEASE READ SLOWLY

If you have **food** in your fridge, **clothes** on your body, a **roof** over your head, and a place to **sleep**, you're richer than **75%** of the **entire world**.

If you have **money** in your wallet, and can go **anywhere** you want, you are among **18%** of worlds **most wealthy** people.

If you are **alive** today and **healthy**, you are more blessed than the **millions** of people who will not survive this week and **die**.

If you can actually **READ** and **UNDERSTAND** this message, you are more fortunate than the **3 BILLION** people in the world who are blind, deaf or illiterate.

**Life** is not about complaining. **Life** is about thousands of other reasons to be grateful and happy.





# WHO WAS AT THE MAD HATTER'S TEA PARTY, THEN?

Alice, The Mad Hatter, the Dormouse, and The Mad March Hare.

"Have some wine," the March Hare said in an encouraging tone. Alice looked all round the table, but there was nothing on it but tea. "I don't see any wine," she remarked. "There isn't any," said the March Hare.



"Mad as a March Hare" is a common British English phrase, both now and in Carroll's time, and appears in John Heywood's collection of proverbs published in 1546. It is reported in *The Annotated Alice* by Martin Gardner that this proverb is based on popular belief about hares' behaviour at the beginning of the long breeding season, which lasts from February to September in Britain. Early in the season, unreceptive females often use their forelegs to repel overenthusiastic males. It used to be incorrectly believed that these bouts were between males fighting for breeding supremacy. Like the character's friend, the Hatter, the March Hare feels compelled to always behave as though it is tea-time because the Hatter supposedly "murdered the time" whilst singing for the Queen of Hearts.

Lewis Carroll: Alice in Wonderland





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# Happy Hour - Fridays 4.30 to 6.30

The Dun Cow is running a COMPETITION TO DESIGN A NEW PUB SIGN.
There will be three categories: under 11's, 12-18, and Adults.

Susan and I will judge the groups, but Elgoods will consider the overall winner. The design needs to be in portrait format and eventually end up as a .jpeg file and sent to me at *paulgasimpson@gmail.com*. There will be an overall prize for the winner and Elgoods will donate a polypin of beer for the winning entry. (Should the winner be in either of the younger categories then an equivalent prize will be awarded.)

**CLOSING DATE: Saturday 28th March 2020** 

# Quiz Frening - Sunday 8 March - 5pm

£1.00 per player to include nibbles and prizes. No more than 4 per team.



## Help to safeguard our food and farming standards

The wet autumn and winter have proved particularly challenging for our local farmers.

They have struggled to plant crops such as wheat, barley and oilseed rape in the soggy conditions, while the harvesting of potatoes, sugar beet, carrots and winter vegetables has been very tricky indeed. But the wet weather isn't the only worry for farmers. There is also growing uncertainty over the shape of Britain's future trade deals after leaving the EU.

Our farmers are extremely proud of the high welfare, environmental and food safety standards that apply in the UK, but there are real concerns that these standards will be undermined in future trading arrangements, with imports of food that would be illegal to produce here. That's why Cambridgeshire farmers will be joining hundreds of fellow farmers from across the country in a mass lobby of Parliament in March.

You will probably have read about the prospect of chlorinated chicken and hormone-treated beef being imported from the USA in a free-trade deal, but there are other examples. We could see imports of cheap 'battery caged' eggs from non-EU countries, imports of pork from pigs reared using growth promoters banned in this country, and fruit and vegetables grown with crop protection products that cannot be used here.

The event on 25 March isn't a protest but it is about bringing together people from across British business, who acknowledge and value the importance of food and farming.

Farmers will be contacting local MPs, asking for their backing, and are also hoping for help from the public. If you care about how your food is produced, please contact your MP and ask them to speak out in support of British food and farming as the Agriculture Bill progresses through Parliament.

# **Parish Council Snippets**

Green dogs - speeding posts - a minefield of "unbelieveiality" - take your pick!

This meeting was definitely NOT a short one, but there was a lot to get through. The Councillors did well, all things considered. The "public" not so. I speak for myself, as it crept along towards bedtime. Hey-ho. Sometimes it works out that way.

Green Dog Walking scheme: And no – I've never seen a green dog either! OK. So it's not about green dogs, but it IS about encouraging responsible dog walkers to get together. This scheme helps to encourage people to clean up after their dogs, and has worked well in other places where it has been tried. The PC were impressed with those results, and agreed to pay for the start-up costs of the scheme. Well done to our Christchurch Eco Warrior Nate Lansdell for persevering. News elsewhere in this magazine.

Trees and telephone wires: A couple of local farmers came to put across their case with regard to the overhanging trees along Green Lane, as these are becoming a danger to farm vehicles trying to go about their daily business. They also pointed out that the telephone wires down there have become entangled in the trees, which will cause problems sooner rather than later, if the vegetation isn't brought under control. The PC agreed, and will speak to the landowners, as it is their responsibility to cut the trees and vegetation back to a reasonable height/width. It's pretty urgent, by all accounts.

**Speeding Posts:** I have heard of speeding cars, but speeding posts?? Of course not! You may have spotted a couple of grey posts which have suddenly "appeared". They are the first phase of the smiley face speeding signs. Watch those spaces... maybe they will be a-top the poles by the time this goes to press. Let's hope so.

"A Minefield of Unbelieveiality" is how someone put it when speaking of the rules for the funding of streetlights. A new word to me, but a very good one in this case. Fenland District Council pays Capital Costs for the Town Councils, but the Parish Councils have to pay their own Capital Costs. *Totally unfair* was the very strong feeling of the meeting. And the laws are "a Minefield of..."! You get my drift. Things need to change!

Don't forget the full PC Draft Minutes can be found on the PC website. A Nason



Please remember that no dogs are allowed on the playing field. Thank you. Your cooperation is much appreciated.

## We have recently moved to Christchurch

**The Dawning...** *The date:* October 30<sup>th</sup>

The year: 2018
The event: Moving Day

Amidst calls of "You're mad!" - "You're so brave!", we left our newly refurbished home of 18 years to live nearer our eldest daughter (having made the youngest homeless in order start anew!). We arrived at our new home to the welcome of neighbours, giving advice re. bin days; one or two also taking bets as to how much from our pantechnicon, holding the contents of a 4-bed house, would fit into our 1-and-a-bit bedroom bungalow!

**Day 1** found us loading excess furniture into the garage where much of it remains to this day.

**Day 3** was to be the day of registrations with Docs for us, and vets for the boys (our cats).

First, we made the simple decision to plug in the reclining chairs. As we tested the first recliner there was an agonized scream, in the first instance, from Neville (1 of the 4 cats). Noticing the blood up the walls followed by a full grown man clenching his teeth whilst getting the message across that Neville had his teeth stuck in "my #### leg"!



So - first off to Doddington Minor Injury unit, on the advice of one neighbour. This led to registration with a GP and a nurse (who have been worth their weight in gold). Another neighbour pointed us in the direction of an emergency 24-hour vet. We arrived to find a note on the door asking for an appointment to be made prior to arrival. With no internet, no landline and no mobile signal......

Poor Neville was seen and kept in for surgery. Suffice to say, he became known as Stumpy thereafter (something to do with his, now very short, tail).

So how do we find the village we live in? Welcoming with a wealth of knowledge and a wonderful sense of humour. It really is such a friendly place to live, offering something for everyone.

Liz Scott

# **Pets Corner**

DO YOU HAVE A HAMMY? Hamsters are SO CUTE! They are very small, furry animals, and are rodents. Did you know that there are 18 species of Hamsters? The best know species is the Golden Syrian Hamster. They aren't actually fully nocturnal, as some folks think. In the wild, they stay underground in their burrows during the day, to avoid being caught by predators.

The golden hamster (like other Hamsters) has expandable

cheek pouches, which extend from its cheeks to its shoulders. In the wild, hamsters are larder hoarders; they use their cheek pouches to transport food to their burrows. Their name in the local Arabic dialect where they are found roughly translates to "mister saddlebags"

(Arabic: أبو جراب) due to the amount of storage space in their cheek pouches!

Their teeth are weird. Hamsters, like all rodents, have a pair of upper and a pair of lower teeth called incisors. Unlike our teeth, these incisors don't have roots, and they never stop growing! To keep these teeth from growing into their brains, rodents grind their teeth against each other. The largest rodents in the world are CAPYBARAS. They weigh 35-66kg!

Remember to handle your Hammy very gently, as they can be injured if held too tight. I expect your Hamster has a wheel in its cage. That's because Hamsters need a lot of exercise to keep them fit – a



bit like humans! Keep their cage clean, give them the correct food and clean water and they should do really well.

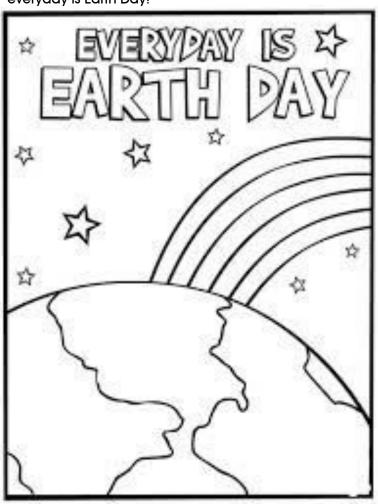
### **DID YOU KNOW?**

There is only one street in the UK named Padgett's Road making it unique in Great Britain.



## **Kids Corner**

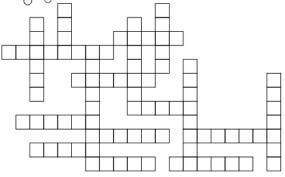
Why not colour in this picture to help remind us that everyday is Earth Day!







Celebrate our planet by filling-in the Earth Day list of words in the puzzle below so that all of the words fit in the correct place



4 LETTERS	TREES	7 LETTERS	9 LETTERS
SAVE		RECYCLE	VOLUNTEER
	6 LETTERS	PROTECT	
5 LETTERS	REDUCE	HABITAT	
REUSE	PLANET		
WATER	ENERGY	8 LETTERS	
OZONE	PLANTS	CONSERVE	
CLEAN	OCEANS	PRESERVE	



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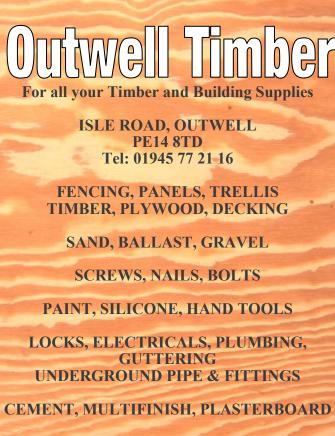
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# MellyMade Designs



Christchurch WI and Members would like to invite you to an evening of creativity with Melanie Missin-Keating of MellyMade Designs, Littleport.

Melanie is a British Textile Artist and Tutor who will be coming along to Christchurch Community Centre to give us a demonstration of her talents using scrap and recycled fabrics on Tuesday 10 March 2020 at 7.00 pm.

www.mellymadedesigns.com/

Entrance is free. There will be a raffle and refreshments available. Places are limited so please contact Janet Harper, Secretary, Christchurch WI on 07941 465319 or 01354 638681 to book your place.





Sudoku Solution from Page 9.

Triangles Solution from Page 14.

**101AL NUMBER OF TRIANGLES = 35** 

o x single triangles 10 x triangles with 2 shapes within 10 x triangles with 3 shapes within 5 x triangles with 5 shapes within

### **CHURCH LENT PRAYER PROJECT**

Please join with us as we pray for people in our Community.

**Week 1**: This began on Ash Wednesday Feb 26<sup>th</sup>. That week we prayed for people who live along the 16 Ft, Euximoor Drove, Hall Farm, Poulter's Drove.

**Week 2**: beginning Sun March 8<sup>th</sup>: Church Road, The Church, The Croft.

**Week 3:** beginning Sun March 15<sup>th</sup>: Upwell Rd, Halfpenny Toll, CCC, The Hill, The Pub, Green Lane

**Week 4:** beginning Sun March 22<sup>nd</sup>: Fen View, Crown Rd, The School, Crown Ave, Wayside Estate, Primrose Gdns.

**Week 5:** beginning Sun March 29<sup>th</sup>: Tipps End, Padgetts Rd, Scott's Rd

**Week 6:** beginning Sun April 5<sup>th</sup>: Well Farm Road, Day's Farm, and all other outlying farms and buildings.

## **Church News**

#### **LENT LUNCHES:**

**Sunday March 1**<sup>st</sup> In Church, following the All Age Worship Service. 12.15pm. See page 15

**Saturday March 14<sup>th</sup>** at Pear Tree Farm. Arrive any time between 12 and 2pm. Soup, bread, butter and cheese. Details re gifts of money and/or goods - same as for March 1<sup>st</sup>.

Friday March 6th at 2pm in Church. World Day of Prayer Service: Light refreshments after the service. Everyone welcome to pray for the women of Zimbabwe. Conditions there are desperate, with most people going hungry. Families are suffering. People are dying.

Extracts from a letter from a member of the Zimbabwe WDP National Committee:

31st January 2020: "With the sporadic rain, the crops have all but failed and hunger is stalking the streets, schools and businesses. One business, whose workers went home to the rural areas for the Christmas break, came back to begin work. The owner is in shock and not quite sure where to begin. All (her workers) have lost weight and are in no physical state to begin work – they are just not strong enough, and many need medical care for various ailments".

Six Churches Lent Course: Readings and Reflections for Lent at St Peter's Wimblington. Thursdays at 7.30pm: March 5<sup>th</sup>,12<sup>th</sup>,19<sup>th</sup>,26<sup>th</sup>, April 2<sup>nd</sup>. April 9<sup>th</sup> – Agape meal 6.30pm Doddington St Mary Church.

Further Info. Sheila or Stephen Tooke 01354 652844.

UPDATE ON REV IAN BRADY'S HEALTH: He had Open Heart Surgery on February 24<sup>th</sup>. Here's the latest:

Text on 25.2.20 at 14:50 - quote "Great news Ian is awake, off sedation and pacing, taking sips of water and making all the nurses laugh (or trying too). Hallelujah. Thank you for your prayers. Please pass on our thanks to everyone. Thanks be to God". Rev Lynda Brady.



The Church of Christ, PE14 9PQ

# Thoughts from the Rectory

### Thanks Mum

In their time they have changed our nappies and cleaned our rooms, they are on the end of a phone at any time - day or night - when we need them and they are always willing to lend a helping hand. Mums. What would we do without them?

On Mother's Day, which is on Sunday 22<sup>nd</sup> March, people will be saying "Thank You" to their Mums with flowers, chocolates, jewellery and perhaps lunch out. Young children will be presenting mums with handmade cards filled with handwritten messages that can just about be read, but are full of love. For others it's a day to remember a Mum who is no longer with us, but still means a great deal; a time for flowers to be laid upon Mum's place of rest. However the day is marked, it's an occasion to celebrate someone who is appreciated, loved and cherished.

Not only are Mothers a significant part of our lives, they are also a significant part of history. God chose to demonstrate his love for us through a Mum. Mary. He chose her to give birth to His Son, Jesus. Mary knew that one day she would have to let him go, for the good of humankind. When the time came, it broke her heart. Whether we are a Mother or not, life often presents us with painful situations. We may have sacrificed things we held dear. We may have made mistakes that we can't talk about to anyone, not even to our Mum. But we don't need to feel trapped.

In the Bible God tells us of his never ending love. 'Can a woman forget her own baby and not love the child she bore? Even if a Mother should forget her child. I will never forget you'. (Isaiah 49:15). When we feel alone, afraid and forgotten, we can take comfort in the knowledge that God's love is forever with us and is there for us to claim.

Mother's Day. An occasion to celebrate someone who is loved. Our Mum.

lan







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130 Wisbech Road Outwell PE14 8PF

e: admin@purehearthomecare.co.uk w: www.purehearthomecare.co.uk

Care at home... because home is where the heart is





# Stressed, in pain, anxious, sleepdeprived, or generally desiring some self-care?

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If you are in need of any of the above described, feel free to contact me for further information. or to book a session

Email: michelelowery24@amail.com or call 07739 378901



Simon Freeland Hill Farm, 3 Church Road, Christchurch, PE14 9PQ

Tel:01354 638802

Mobile:07727 046439



Domestic electrical work undertaken.

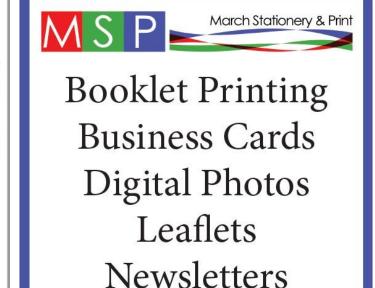
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www.electricalcompetentperson.co.uk

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Banners

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GRANARY STUDIO

Christchurch

Contemporary pictures and bespoke framing

The Granary, Hall Farm, Upwell Road Christchurch Cambs PE14 9LJ 01354 638614

# **Useful Telephone Numbers**

Age UK Cambridgeshire	0300 666 9860
Alzheimer's Society (Fenland) Christchurch Resident's Association	01945 580480
	01354 638990
Churchwarden - Mrs. D. Symons	01354 638352
Citizens' Advice Bureau, Wisbech	03442 451292
Community Car Scheme (to book a journey)	07902 316360
Community Centre Bookings	01354 638478
Community Fire Safety Officer	07717 858166
District Councillor - Will Sutton	01354 638025
District Councillor - Michelle Tanfield	07908 707129
Electricity Faults - UK Power Networks	105
FACT	01354 661234
Fenland District Council	01354 654321
Floodline	0845 988 1188
Library - March	0354 045 5225
National Debtline	0808 808 4000
Norfolk Dial-a-Ride	01553 770310
Parish Clerk - David Gibbs	07932 191050
Parish Councillor - Jill Bliss	01354 638343
Parish Councillor - Sharon Pomeroy	07837 407536
Parish Councillor - Roger Gladwin	01354 638538
Parish Councillor - Geoff Harper	01354 638681
Parish Councillor - James Hughes	01354 638310
Parish Councillor - Peter Owen (Chair)	01354 638847
Parish Councillor - Kay Miller	01354 638232
Police - PCSO Sue Clarke	07738 025220
Police - Emergency	999
Police - Non Emergency	101
Telephone Preference Service	0345 070 0707
Townley School	01354 638229
Trading Standards	03454 040506
Train Information	03457 484950
Upwell Health Centre (and out of hours)	01945 773671
Upwell Health Centre - Pharmacy	01945 774934
Veterinary Centre - The Crossings (D'Mkt)	01366 382219
Vicars - Ian & Lynda Brady	01354 740627
Water Emergencies	03457 145145
Club Contacts	
Art Club - Jan Clifford	01354 638217
Book Club - Sheila Day	07946 635908
Craft Club - Sandra Lloyd	01354 638956
Gardening Club - Marion Hawthorn	01354 638230
Short Mat Bowls Club - Wendy Keen	01945 772737
WI - Peggy Warby	01354 638339

Neighbourhood Watch	
Colin Steenson - Church Rd (East)	638664
Sandra Kay - Crown Rd	638478
Shirley Knight - Church Rd (West)	638779
David Yates - Church Rd (West)	638448
Julian Swallow - Upwell Rd (North)	638679
Jackie Wood - Upwell Rd (North)	638679
Simon Freeland - Upwell Rd (South)	638802
Richard Guilford - Area Co-ordinator	638990
David Harrowing - District Co-ord.	01945 870963



Great Yarmouth and Waveney North Norfolk, South Norfolk Norwich, West Norfolk Clinical Commissioning Groups

## A new CCG for Norfolk and Waveney Update - January 2020

The five NHS Clinical Commissioning Groups for Norfolk and Waveney are merging, to create a new single CCG, on 1 April 2020.

For more information go to: www.westnorfolkccg.nhs.uk

# Back British Farming (Countryside Online)



### WHAT'S IN SEASON?

If you're looking for a hearty and flavoursome meal to get you through the final weeks of winter, then look no further than onion soup with cheese toast. British onions are in season all year round, so there are no excuses not to back British farming!

Christchurch Community Centre and Recreation Ground Committee invite you to celebrate 75 years since VE Day at a community "Street Party" to be held on the recreation field (or in the Community Centre if it rains) on Bank Holiday Friday ~ 8th May 2020

12.00 - 5.00pm (approx)

There promises to be 1940s music, classic cars, games, fun and frivolities.

We would love that the whole community become involved by joining in the celebrations and bringing along a picnic to enjoy at the proceedings - something that can be enjoyed at a street party-type event (authentic long tables provided and set up ready). Entry is Free and we encourage people get into the spirit of the event by coming in 1940s period costume.

Why not round off your day with Ham, Egg & Chips at The Dun Cow (from 5pm)? The Landord will give a discounted price for all those in period costume! Further details to follow as we have them so please keep an eye out for updates in the Heron.

If you would like to volunteer to help, we would love to hear from you. Please contact Geoff Harper on 01354 638681 for further information and to find out how you can get involved.

We hope you can come along, to help us make it a day to remember!

### Baked falafel with yoghurt dip

### Ingredients:

1 can of chickpeas

½ clove of garlic

½ tsp ground cumin

½ tsp ground coriander

1 tbs flat leafed parsley, chopped

½ tsp baking powder

1 tbs lemon juice

1 tbs plain flour

 $\frac{1}{2}$  tbs olive oil

Salt and pepper to taste

### Dip:

50g natural yoghurt

1 tbs fresh mint, chopped

Approximately 6cm of cucumber, finely chopped.



This recipe is easy to follow and Mrs Beers has cooked this with Year 4 children.

(One of the team has tried it and assures me they are delicious! Ed)

#### Method:

- Put chickpeas, garlic, spices, salt and pepper into a food processor and pulse until chopped (if you
  don't have a food processor, finely chop the parsley and garlic then mash ingredients together with a
  fork or potato masher).
- Add the baking powder, lemon juice, flour and oil. Pulse again until well combined.
- Divide the mixture into 8 balls and flatten. Cover and chill in the fridge for 25 minutes. Pre heat the oven to 190c (375f/gas 5).
- Place on a baking tray lined with baking parchment and cook for 10 minutes. Then turn them over and cook for another 5-10 minutes.
- For the yoghurt dip, mix all ingredients together in a small bowl.
- Serve falafel with warm pitta bread, salad and yoghurt dip.

Karen Beers

### CIARA WAS A BLAST!

### Community spirit in the storm - by Sheila Day

Sunday 9<sup>th</sup> February, my husband was away enjoying a short break in London (his timing is impeccable!) and Storm Ciara decided to pay us a visit! Returning from church, I looked down Padgetts Road, and to my dismay, a tree had fallen across Padgetts Road blocking half the road. So anyone coming from the Tipps End direction would have to swerve to avoid it - clearly a danger! After a minor panic, I made some calls to various organisations, where I was "put on hold" (they were understandably very busy!). I dived into the garage to find a warning triangle to at least make the tree more visible.





I was just trying to fix this onto the tree in very windy conditions, when Sheila and Stephen Tooke (Sheila used to be our vicar) pulled up on their way home from taking a service at Welney. As we were trying to think of a plan, a young man came from the opposite direction and pulled up. He said he only lived a little further down the road and he would come back with a saw to make the situation safe. He was as good as his word, returned and worked swiftly and efficiently to make the situation safe. So, to my Good Samaritan (I didn't get your name), thank you so much for being a great help at our time of need!



The Dun Cow Sorry Ciara - They're all empty!

A resident's 4-yearold swing and slide set. Another victim of Ciara.





Switch off your lights for an hour on Saturday, March 28, 2020 at 8:30 pm your local time.



Any views expressed in The Heron do not necessarily reflect the views of The Heron Editorial Team.

The team aim to provide a balanced view of village opinions where such views are expressed.

We reserve the right to edit any submissions where we feel this is appropriate.

