

# The Heron

## Community Magazine

Delivered to homes in Christchurch, Euximoor and Tipps End

March 2023



Welsh and Irish Harps	2
Community Info	3
Useful Telephone Numbers	3
Advertising	4
Diary Dates	4
Note from Local Farmers	5
Restaurant Review	6
Annual Parish Meeting	6
Editorial/Heron News	7

### In this issue

Christchurch History	8
Upwell History	9
What's on	9
PC Snippets	10
Church News	11
Burt Bacharach	12
FOTS	12
Neale Wade - Air Cadets	13
My EpiPen	13

Townley School	14
Youth Club Photos	15
Wildlife Watching	15
Kids Corner	16
New Stamps	17
Puzzles	18
Club News	19-20
Your Letters—Bloodbikes	27
Recipe	28



Daffodils in Upwell - History of Upwell see page 9

#### EDITORIAL TEAM:

*Editorial Team Leader* - Annie Nason

*Treasurer, Advertising Manager* - Elaine Reed-Hughes

*Editorial Team Members*: Sue Norman, Elaine Reed-Hughes, Hollie Dorward, Wendy Yates

*Deliveries Manager* - Annie Nason

*Publisher* - Hollie Dorward

*Support*—Lewis Bennett (IT), the Delivery Team and Printers

#### ENQUIRIES

editor@theheron.info Tel: 01354 638088

adverts@theheron.info Tel: 01354 638310

Website: [www.theheron.info](http://www.theheron.info)



# Welsh and Irish Harps



## March 1<sup>st</sup> - St David's Day

**The Welsh Harp** (also known as the Triple Harp) is widely considered to be the national musical instrument of Wales.

It's an emblem of Wales on par with St David, the daffodil and the red dragon. But how did the harp come to be their national instrument?

The answer may surprise you. The Welsh harp – or triple harp – actually arrived in the UK during the 1600s. It came from Italy as one of many famous Italian inventions that have been warmly welcomed into Welsh culture. The triple harp is so-called for its three rows of strings rather than one, which allows the harpist to *play chromatic notes without levers or pedals*. It originated in Italy as a baroque instrument before spreading across Europe, and was used by Monteverdi and later by Handel in their compositions.



A GOOD FRIEND IS LIKE  
A FOUR-LEAF CLOVER,  
HARD TO FIND AND  
LUCKY TO HAVE.

—  
IRISH PROVERB

## March 17<sup>th</sup> - St Patrick's Day

**The Irish harp**, Irish “clairseach”, is a traditional harp of medieval Ireland.

It is characterised by a huge soundbox carved from a solid block of wood, a heavy, curved neck, and a deeply outcurved forepillar—a form shared by the medieval Scottish harp.

There are two essential kinds of harps available out there. Celtic harps use levers to change notes, while regular pedal harps use pedals.

A Celtic Harp, a Folk Harp or *Lever Harp*, is a smaller harp with wire (and nylon strings in modern times), used in the folk and early music of Scotland and Ireland.

A Pedal Harp – a Concert Harp or Classical Harp - is a larger and technologically modern harp designed primarily for use in art music.



# Community Information

## Mobile Post Office:

Visits Monday to Thursday in the layby on Upwell Road Monday and Thursday - 16.30 to 17:00  
Tuesday and Wednesday - 16.10 to 17:00  
Fridays - no service.

ANYONE WISHING THEIR ITEMS TO BE POSTED, ON THE DAY, WILL NEED TO GET THEIR POST TO THE VAN BY 4.40PM - WHICH IS WHEN IT IS COLLECTED.

Use it or lose it!

## Mobile Library:

**OUR MOBILE LIBRARY COMES ONCE A MONTH, ON THE FIRST TUESDAY, AT 12.15-1.00PM.**

The van parks in the layby on Upwell Road, opposite to the entrance of Fen View. **USE IT OR LOSE IT?**

The Mobile Library visits March, Christchurch and Manea:

March Elliot Lodge 9:30 - 10:10  
March Shaftesbury Lodge 10:20 - 10:50  
March Upwell Park 10:55 - 11:15  
March Fleming Court 11:30 - 11:45  
Christchurch Layby 12:15 - 1pm  
Manea Festival Close 2pm - 3pm  
Manea High Street 3:10 - 4:30pm

As well as a large range of library books, you can get your NHS hearing batteries, replacement walking stick ferrules and you can dispose of old household batteries.

You can use the Select and Collect service online, or by calling **0345 045 5225**.

[https://cambridgeshire-self.achieveservice.com/service/Select\\_and\\_Collect](https://cambridgeshire-self.achieveservice.com/service/Select_and_Collect)

**Please support your local Library Service, right in the heart of your community.**



# Useful Telephone Numbers

Age UK Cambridgeshire	0300 666 9860
Alzheimer's Society (Fenland)	01945 580480
Churchwarden - Mrs Helen Chappell	01354 638092
Citizens' Advice Bureau, Wisbech	03442 451292
Community Centre Bookings (Bryan Burfield)	07918 664402
Community Fire Safety Officer	07717 858166
District Councillor - Will Sutton	01354 638025
District Councillor - Michelle Tanfield	07908 707129
Electricity Faults - UK Power Networks	105
FACT Dial-A-Ride	01354 661234
Fenland District Council	01354 654321
Floodline	0845 988 1188
Library - March	0354 045 5225
MIND (Mental Health Crisis Line)	116 123
National Debtline	0808 808 4000
NHS	111
Norfolk Dial-a-Ride	01553 770310
Parish Clerk - David Gibbs	07932 191050
Parish Councillor - Jill Bliss	01354 638343
Parish Councillor - Sharon Pomeroy	07837 407536
Parish Councillor - Roger Gladwin	01354 638538
Parish Councillor - James Hughes (Chair)	01354 638310
Parish Councillor - Kay Miller	01354 638232
Parish Councillor - Peter Owen	01354 638847
Parish Councillor - Andrew Sparrow	01354 638020
Police - Emergency	999
Police - Non Emergency	101
Samaritans	116 123
Telephone Preference Service	0345 070 0707
Townley School	01354 638229
Trading Standards	03454 040506
Train Information	03457 484950
Upwell Health Centre (and out of hours)	01945 773671
Upwell Health Centre - Pharmacy	01945 774934
Veterinary Centre - The Crossings (D'Mkt)	01366 382219
Water Emergencies	03457 145145

## Club Contacts

Art Club - Jan Clifford	01354 638217
Book Club - Pat Rigby	07776 142642
Gardening Club - Marion Hawthorn	01354 638230
Short Mat Bowls Club - Janet Harper	01354 638681
WI - Margaret Hayes	01354 653240
Jazz Club - Cat Johnson	musiciancat@hotmail.co.uk
Christchurch Stargazers - Mark Andrews	07425 165415



# Advertising in the Heron

Quarter Page (14cm High x 9.5cm Wide)

**Portrait Format**

6 x issues £50

12 x issues £90

Eighth Page (6.5cm High x 9.5cm Wide)

**Landscape Format**

6 x issues £34

12 x issues £64

Please contact [adverts@theheron.info](mailto:adverts@theheron.info) or phone Elaine on 01354 638310.

**Advertisers** - all our advert rates and conditions can be found on our website [www.theheron.info](http://www.theheron.info). Business advertisers can book a series of 6 or 12 adverts, paid in advance. Adverts for village fundraising events, personal announcements, or small private ads are usually free.

Do you know someone who would like to receive a Heron each month, who doesn't live in the village? Contact us at [adverts@theheron.info](mailto:adverts@theheron.info) and we will send them a subscription form.

The cost is £25.00 per year (including P&P).

## Diary Dates

DATE	EVENT	TIME	PLACE	PAGE
Sun 5 <sup>th</sup>	Church	10.30am	CCC	11
<b>Sun 5<sup>th</sup></b>	<b>LENT LUNCH</b>	<b>12 noon</b>	<b>CCC</b>	<b>11</b>
Sun 5 <sup>th</sup>	Welle Cinema	2pm	3 Holes V/Hall	26
Tues 7 <sup>th</sup>	Mobile Library	12.15pm	Lay-by (Fen View)	3
Tues 7 <sup>th</sup>	Book Club	7.30pm	Church Road	19
Weds 8 <sup>th</sup>	Coffee/Lunch Break	<b>11-1pm</b>	CCC	19
<b>Sat 11<sup>th</sup></b>	<b>Tabletop Sale</b>	<b>11am-2pm</b>	<b>CCC</b>	<b>8</b>
Mon 13 <sup>th</sup>	Parish Council Meeting	7.30pm	CCC	10
Tues 14 <sup>th</sup>	Art Group	1.30- 3.30pm	CCC	19
Tues 14 <sup>th</sup>	W I	7pm	CCC	20
Sun 19 <sup>th</sup>	Church Holy/C	10.30am	CCC	11
Tues 21 <sup>st</sup>	Gardening Club AGM	7 pm	CCC	19
Weds 22 <sup>nd</sup>	Coffee/Lunch Break	<b>11-1pm</b>	CCC	19
Weds 22 <sup>nd</sup>	Ash Wednesday Service	7pm	Wimblington Ch	11
<b>Fri 24<sup>th</sup></b>	<b>Quiz Night</b>	<b>7pm</b>	<b>CCC</b>	<b>7</b>
Sun 26 <sup>th</sup>	Jazz Club	12.30-2.45pm	CCC	--
Tues 28 <sup>th</sup>	Art Group	1.30- 3.30pm	CCC	19
<b>Tues 28<sup>th</sup></b>	<b>ANNUAL PARISH MEETING</b>	<b>7pm</b>	<b>CCC</b>	<b>7</b>
<b>Regular weekly events</b>				
<b>Every Mon</b>	Short Mat Bowls	7-9pm	CCC	19
<b>Every Weds</b>	Chair-based exercise class Kathleen Henderson	10-10.50am 07880 543821	CCC	
<b>Every Thurs</b>	Coffee, Cake & Chat	2-3pm	CCC	11
<b>M,T,W,TH</b>	Mobile Post Office	Various	Near Lay-by (Fen View)	3

At the time of going to press, all information is as accurate and up to date as we can make it. Changes and updates may be published subsequently. All information contributed by outside agencies, including dates etc., will be assumed to be correct.



**Please  
Keep Off**

**A REMINDER FROM OUR LOCAL  
FARMERS TO EVERYONE,  
ESPECIALLY DOG WALKERS.**

Please do not walk on, and do not allow your dogs to roam on, our farmers' fields. The fields likely will have been drilled, or already have young shoots growing. You will spoil the crops before they have had a chance to grow. Please keep all dogs on the lead and only walk along designated tracks. Thank you.



### **Are you ready for the Great British Spring Clean?**

Pledge to pick as much litter as you can between 17 March and 2 April this year at: [keepbritaintidy.org/gbspringclean](https://keepbritaintidy.org/gbspringclean)

*We can loan equipment and clear rubbish away after, email [streetpride@fenland.gov.uk](mailto:streetpride@fenland.gov.uk) to find out more.*



### **Farmers Markets & Craft Fayre**

**2023**

**February 26th**

**10am - 2pm**

**April 23rd**

**10am - 4pm St George's Day**

**Family Funday**

**July 2nd**

**10am - 2pm**

**September 3rd**

**10am - 2pm**

**October 29th**

**10am - 2pm**

**December 3rd**

**10am - 2pm**



**HAPPY  
ST. DAVID'S DAY**

**Copy Deadline** - The deadline for copy for the April edition of the Heron is 23rd March

### **Letters to the Editorial Team**

The Editorial team welcome letters from its readers. Please email letters to: [editor@heron.info](mailto:editor@heron.info) or post them to *The Editor of The Heron, Grasshopper Cottage, 5 Upwell Road, Christchurch, PE14 9LF.*

**PLEASE NOTE:** Letters will only be considered for publication if they are accompanied by name and contact details. The Heron will not share any contact details unless given permission.

The team look forward to hearing from you!

*Tandoori Nights has always been a good restaurant in our experience. Nice food, nice people and pleasant surroundings. Having heard that it was changing hands, we thought we would give it a go. So a couple of days after the new owners opened up, we drove over there for a takeaway.*

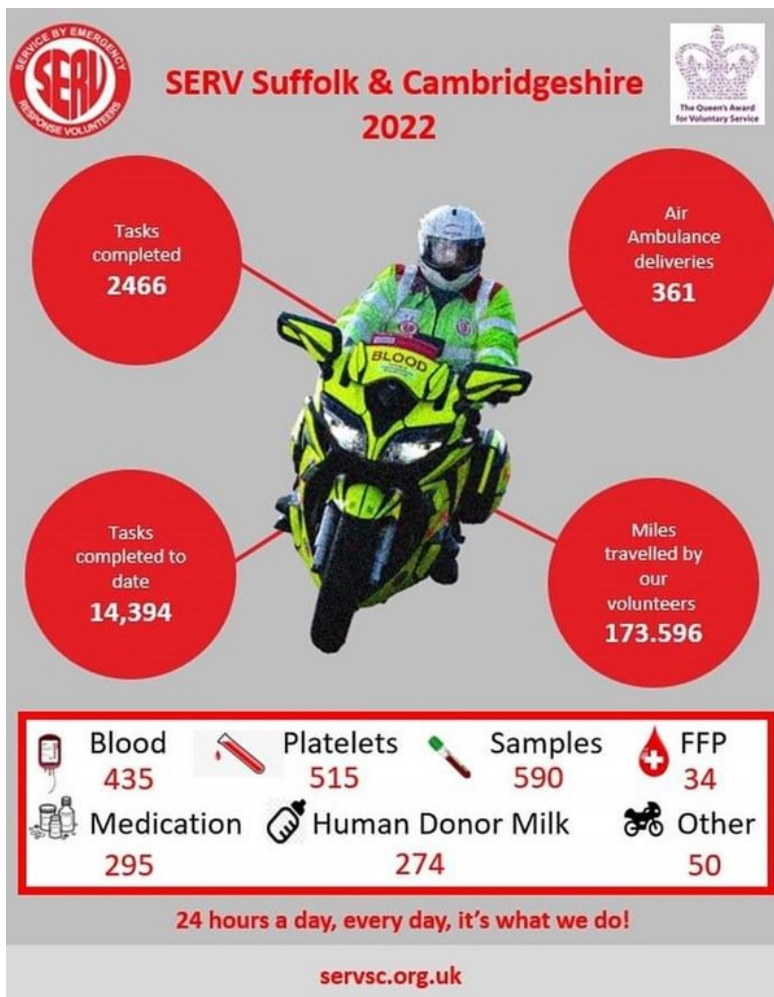
*The new owners couldn't have been nicer. Genuinely really lovely people. I was more than happy with the selection on offer and chose a really tasty dish which was made with mango chutney. My better half couldn't decide, so they very kindly offered to make her something off menu - her favourite, lamb pasanda. Both dishes were fantastic - very tasty, with decent portion sizes. We also had the peshwari naan (which was freshly cooked with plenty of filling) and a portion of onion bhajis, which were just about the best, and most authentic that I have ever tasted.*

*While we were waiting, the owner explained that they were not doing deliveries but instead they were giving a massive 25% discount on orders for collection. That, together with the quality of the food, means that we will definitely be back.*

Mark Williams

*Having heard that the restaurant was under new management, we tried Tandoori nights last week. Service had been very slow under the old management, but we were glad to see that last week it was much improved, so off to a good start! The staff were polite and efficient, portion size generous, everything tasty. Although mine was a bit too hot (but the menu did say it was a hot dish)! The restaurant was quite busy for a midweek evening. We'll definitely go again!*

Sue Rudge



## Annual Parish Meeting

**The Annual Parish Meeting of Christchurch Parish Council will be held on the 28th of March 2023.**

We had a great attendance at this meeting last year, where members of the Parish Council made presentations on what has been going on throughout the year, and we also had presentations from guest speakers, which went down very well with the audience.

This year we are also hoping to have some interesting speakers, although the final line-up is not yet completed. We have approached the Police, the Environment agency and others to give us reports on what has been happening in their areas. We will publish an agenda once the guest list has been confirmed.

So, if you would like to hear about what the PC has been getting up to over the last year, and have any questions for us, then please come along to the Community Centre at **7.00 for a start at 7.30pm**. I hope to see you there! Everyone welcome.

**MAR**

**28**

*James Hughes. Chair, Christchurch PC.*



## Editorial

Welcome to our March 2023 edition. As I write, some early daffodils are blooming in my garden, and I have spotted early blossoms out here and there. Did we ever think this would happen back in those freezing days, with the hoar frost sculptures on the trees? Spring has arrived at last. Our front cover features daffodils in Upwell – such a joy to drive past them. There's an idea in the PC Snippets re daffodils in Christchurch... (p 10). And the school children have been out in their wooded area, having fun in the sun. (p14). Longer days and better weather raise our mood!

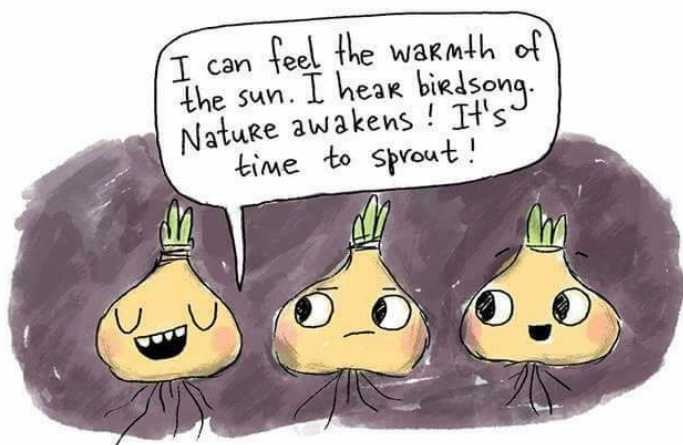
We are beginning a mini-series of Potted Histories of our surrounding villages, and Upwell is the one for this month (p 9). And Michael Brookes has again given us a great Christchurch history article about Rolfe's Garage (p 8). Keep them coming, Michael!

Did you think we had forgotten the "Your Letters" slot? NO! We needed a colour page for that this month. Check it out (p 27). We would love to hear about other villagers' work they do for charity. Send your article to [editor@theheron.info](mailto:editor@theheron.info).

Happy Spring, everyone!  
Annie Nason. Ed.

## Heron News

***SAVE THE DATE -  
Saturday May 13<sup>th</sup>  
THE HERON PLANT  
SALE, under the willows  
at The Dun Cow Pub.***



Friday 24<sup>th</sup> March 2023

**Q U I Z  
N I G H T**

Andy Day returns as Quiz Master

7pm start

in Christchurch Community Centre

Teams of 6 (max)

Half time Hot Dog (real sausage) and Chips  
(vegetarian option available)

£3.50 per person or £20 for a team of 6.

All profits will go to the church funds.

The bar will be open and there will be a raffle.

Please let us know if you intend to come along,  
for catering purposes.

# History from my living room window

By Michael Brookes

There's been some fun progress on the 'History of Christchurch' website over the past few weeks. One was more a personal milestone



that the locations mentioned in Susan Scott's Study of a Fenland village now all have their pages on the site. Some of these pages were completely lacking in photos or details, and to address this deficiency, I shall focus on each in turn and call out for whatever materials people may have. The first site was one I see every day, and that's the Rolfe Bros. blacksmith's and garage across the road from me. Over the years, it has served different functions, most recently as a fridge recycling facility which is currently closing down. I believe the plan is to develop the site into housing.

Scott's article only mentions the site in passing, although it remained active as a blacksmith's and garage (at the time of writing in 1972). So a big thank you to my neighbour Geoff who provided a stack of

some amazing photos of the site and some of the people working there or visiting. These have now all been scanned and added. Thank you also to many people in various Facebook groups (most notably members of the Christchurch (Cambridgeshire) Pictures Old and New group) for providing additional information. These have formed the basis of a new section to the page called 'Memories', which contains anecdotes of their memories of people and the site as a first pass in starting to record the living history of the site.

If you have any pictures or memories that you'd like to add, then please contact me directly or use the comments section on the page so they can be included. A significant omission at the moment is the lack of historical information about the site with dates and details that would be great to add.

<https://historyofchristchurch.uk/index/buildings/blacksmiths-and-garage/>

Michael Brookes  
authornewsnetwork@gmail.com



## Christchurch Community Centre Saturday 11th March 11-2

There will also be a plant stall.  
Bacon rolls, cake, teas and coffee will be available to purchase.  
Monies raised to go to the Christchurch Community Centre fund.





## *Potted histories of our neighbouring villages.*

### **This month, UPWELL.**

The village's name means 'higher well (= spring/stream)'. Originally, part of a single place called Well; 'up' was appended to distinguish from Outwell.

Upwell in 1202 had a market-place and a weekly market. Marmont Priory was endowed by Richard I with 300 acres in Upwell and Outwell. The priory of Gilbertines was founded in the reign of King John. Cultivation of flax and hemp is referred to in an order of Sessions of Sewers in 1340. Upwell was connected with Wisbech by a steam tramway in 1884



William Wolsey, a constable of Upwell, Outwell & Welney (and Robert Piggot of Wisbech) Protestants were tried at Ely for heresy and burnt at the stake in 1555.

In 1810 a building was being used as a temporary theatre by Joseph Smedley at a cost of five Guineas.

In 1869 Upwell St. Peter was the richest benefice of the English church, being returned in the clergy list as worth £3,058 a year, though worth considerably more, and had just become vacant by the death of the Rev. Wm. Gale Townley, who had held it only seven years. The living was in the gift of Mr. B. G. Townley. In the same parish is the rectory of Christ Church, returned as being worth £1,594 per year, also belonging to the Townley family.



<https://www.upwellparish.co.uk/village-history>

## **Looking for somewhere to go?**

### **What's on in March 2023**

#### **4<sup>th</sup> March 2023 Saturday 6.30-midnight: 1940s dance with supper.**

The Ashby Little Big Band & Blitz Dancers at GER Sports Club, Robingoodfellows Lane, March PE15 8HS.

Tickets £14 contact Donna 07876 264613 or email [donna.symonds@aol.com](mailto:donna.symonds@aol.com) or

[www.germarch.co.uk](http://www.germarch.co.uk)

#### **4<sup>th</sup> March 2023 Saturday 10- 4: Ely Record Fair.**

The Maltings, Ship Lane, Ely Riverside, Whether you are a collector or browser, music for all tastes from a hall full of dealers selling Vinyl, CDs, Collectibles, DVDs, memorabilia and books. Free Entry.



#### **4<sup>th</sup> March 2023 Saturday 7.00pm start. Sausage, jacket potato and beans supper.**

Danstar live singer at Welney Village Hall, Hurn Drove, Welney PE14 9SD.

Tickets: £15 contact Paul Spears 07581 742028



#### **14<sup>th</sup> March 2023 Tuesday 7.30pm-11.00pm: Open Mic night.**

Upwell Village Hall, New Road, Upwell PE14 9AB, plug in and play any instrument at any level or sing, or just go and listen and enjoy the music. Bar open. Contact Jules Wilkinson (See Upwell and Outwell Discussion Forum Facebook page) or email [jules@satdat.co.uk](mailto:jules@satdat.co.uk)

#### **18<sup>th</sup> March 2023 Saturday 7.00pm start: Snail Racing and Sausage and Chips supper.**

Outwell Village Hall, Wisbech Road, Outwell. Tickets £5 available from The Crown Pub Outwell.



#### **26<sup>th</sup> March 2023 Sunday 2-4 pm Kerry's Kritters.**

Small animal shelter charity fundraising event at Upwell Village Hall New Road, Upwell PE14 9AB.

Stalls, bric-a-brac, ferret racing, raffle, refreshments.

# PC Snippets



There was a rather painful start to this PC meeting for two of our Parish Councillors. When walking to the meeting. They tripped and fell. OUCH!  
Herewith is a summary of things discussed. *Check the PC Website for draft minutes for further details.*

- Public Time:**
- a) Tree overhanging** from the field at the CC, blocking out light. This is still an issue, but things have now been discussed a little further, and it may be that a compromise has been arrived at. It's likely the tree could be pollarded, with residents concerned offering to pay half of the cost. The PC Chair was concerned that a perfectly healthy tree would be damaged, but pollarding is an acceptable way of pruning Lime trees.
  - b) A small village project suggestion (remember? The PC wants ideas...): Daffodil Bulbs** along the roads of Christchurch. The example of the Spring bulbs in Upwell was given, and it was suggested that Christchurch could follow in their footsteps. Although a number of daffodil bulbs were planted a number of years ago, the show here is small. The PC would be happy to buy bulbs if somebody runs with the idea. The point was made that whoever takes this on needs to take photos of the location of the daffs that do come out this year, so as to be able to fill in the gaps with Autumn bulb planting.
  - c) Another small village project suggestion:** Christmas Street Lights along Upwell Road and Church Road. The cons outweigh the pros here, sadly. The posts along these roads are not evenly spaced, and anyway, permission would need to be gained from the companies who own the posts. Chatteris Lights are sponsored, but not by their PC. The lights in March are funded and put up by The Rotary Club. In some villages, residents get together to put special lights in their own gardens, which saves money. The PC is not in a position to pay for any of this, nor to organise it.

## Matters Outstanding:

- a) Pavement outside Field Lodge:** One part of the area is to be dealt with shortly. The other seems to be a very complex issue re private works on public land, and no agreement has been reached. The PC involvement with this issue has now ceased.
- b) Affordable Housing:** possible site investigations ongoing.
- c) Padgett's Road (non)repairs** are being brought to the notice of people surveying the Fen Roads.
- d) Household items and other waste outside properties on The Hill:** been reported to the owners of the properties, Clarion, and hopefully, this will be dealt with very soon.

**AND THE GOOD NEWS IS ...** Christchurch Skate Park is about to be repaired...perhaps even before this Heron gets delivered. The PC also expressed delight and amazement at the news that **14-year-old SKY BROWN, of the UK, has won the World Championship Skateboarding title!**  
**CONGRATULATIONS!**



**The New Field:** A hedge along 100m of the site is to be planted in the Spring, and a stock fence will be placed around the infant saplings to keep deer out. **Meanwhile, the field will not be accessible** until it has been ploughed, sprayed a couple of times, and drilled with meadow grass in the Autumn. Once the grass has been established, then the promised dog play area will be fenced off. So not for a while, folks. Best do it properly, though.

Any ideas for a name for the field? King or Coronation related?

**Information about the Coronation weekend** is in another article on page ..... As is information about the **ANNUAL PARISH MEETING on March 28<sup>th</sup>**. Last year was a great success, so don't miss this one!

Annie Nason

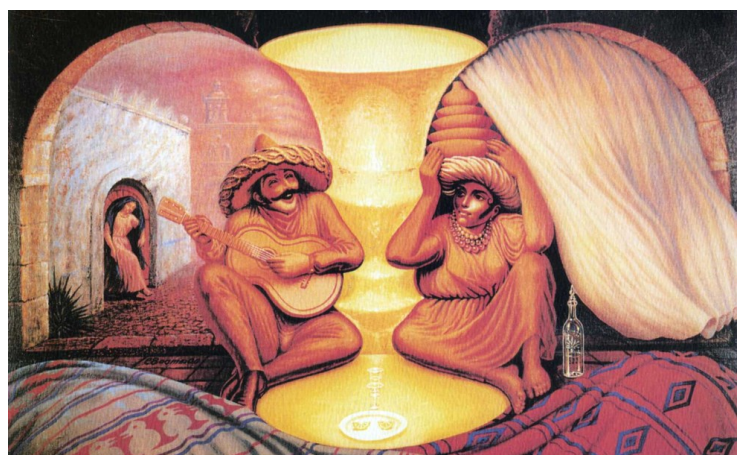
## Optical Illusion

What did you see first?

The young couple or the older couple?

Most people initially see the older couple, then look closer and see their younger versions, singing and drinking by a fountain.

The art is 'Forever Always' by Octavio Ocampo.





# Church News

Hello All,

Services continue to be on the first and third Sunday of each month in Christchurch at 10.30am.

Our service on the 5<sup>th</sup> March will be followed by a **Lent Lunch** of homemade soup, bread and cheese. All are very welcome to come along to this (even if you don't come to the service).

We will be collecting non-perishable food items for March Food Bank and monetary donations for The Ferry Project in Wisbech.

Also this month, we have a **Quiz Night on Friday 24<sup>th</sup> March** in Christchurch Community Centre. See advert on page 7 for more details.

Details of services across the Benefice to the right.

In God we Trust.  
*Helen*



## Benefice Services for March 2023

Sunday 5<sup>th</sup> March – Christchurch, Morning Prayer  
Doddington, Holy Communion

Sunday 12<sup>th</sup> March – Manea, Holy Communion  
Wimblington, Morning Prayer

Sunday 19<sup>th</sup> March – Christchurch, Holy Communion  
Doddington, Morning Prayer

Sunday 26<sup>th</sup> March – Manea, Morning Prayer  
Wimblington, Holy Communion

## Coffee, Cake and Chat

Come along on Thursday afternoons from 2-3pm and catch up with friends and make new ones.  
Held in the Community Centre while repairs are made to the church ceiling.



## Spring is Springing

As I sit down to write this piece, I am conscious that I am still in the cold of winter. This morning the frost on the garden hedge lit up the spider webs creating a beauty that, although I'd seen before, never ceases to amaze me. A wonder of creation, yet so transient. There's often, at such times, an inner feeling of wanting to preserve such beauty. We might want to take a photo, especially now with cameras on mobile phones. Then my mind goes to the reading I'm looking at for Sunday's sermon. It's from Matthew, and Jesus is saying about God's creation of the grass fields that are here today and tomorrow thrown into the fire.



The warmth of the sun soon dispensed with my beautiful frost pattern only to reveal a carpet of snowdrops. By the time you read this, they too will have been replaced by daffodils, then bluebells, all transient in the changing beauty of the seasons. All this creation and beauty - and Jesus tells us that we are worth so much more! So, if God provides for the birds and animals without their need to sow and harvest, how much more will he provide for us!



His message is for us not to worry about such things but to concentrate on Him. To seek his Kingdom, to live a 'Kingdom' life. Then everything else that we need will be added. As we go through Spring this year, let us make a point of stopping and taking in the scale and sheer beauty of the world around us, recognise the hand of God and remember that this creator God loves each one of us unconditionally.

*Stephen Tooke*  
*Licensed Lay Minister; Six Fen Churches*



## Burt Bacharach, one of pop's greatest songwriters, dies aged 94, February 8<sup>th</sup> 2023

He won 6 Grammy awards and was nominated 21 times.

### His most popular songs include:

**Magic moments – Perry Como**  
**I say a little prayer – Aretha Franklin**  
**I'll never fall in love again – Dionne Warwick**  
**The Look of love – Dusty Springfield**  
**Close to you – The Carpenters**  
**Walk on by – Dionne Warwick**  
**Raindrops keep fallin' on my head – BJ Thomas**  
**24 hours from Tulsa – Gene Pitney**  
**Make it easier on yourself – The Walker Brothers**  
**I just don't know what to do with myself – Dionne Warwick**  
**Alfie – Cilla Black**  
**What's new, Pussycat? – Tom Jones**  
**Arthur's Theme – Christopher Cross**  
**Anyone who had a heart – Dionne Warwick**



Bacharach won three Oscars, two Golden Globes and six competitive Grammy Awards, and was hailed as music's "greatest living composer" when he accepted the Grammy lifetime achievement honour in 2008.

Bacharach's music touched multiple genres, from cool jazz and rhythm and blues, to bossa nova and traditional pop - but they shared one thing in common: you could recognise them within a couple of notes.

**“Songs you can whistle”** His was a style inspired by his tutor, French jazz musician Darius Milhaud. "His observation was: Never be ashamed of something that's melodic, one could whistle," Bacharach recalled. "That was a valuable lesson I learned from him. Never forgot that one. Never be afraid of something that you can whistle."

**RIP “The Songwriting world has lost its Beethoven” – Dionne Warwick.**

## FOTS – Friend Of Townley School

FOTS, or Friends Of Townley School, is a group of parents who raise money for the nice little, or sometimes big, extras that the school budget cannot run to. The biggest financial support helps us to keep the swimming pool running, enabling every child to have the opportunity to learn to swim.



This is not only an educational requirement, but also vital in our area, surrounded by drains and rivers. They run a Tuck Shop once a fortnight, to coincide with the school 'Film Club'. This involves having to purchase supplies.

FOTS also organise and put on a Pantomime, and many other fun activities, including The Christmas Fair, and provide Christmas gift wrap, which enables the children to buy and wrap gifts for their parents. There's also a Christmas Fun Activity Day, with a visit to Santa in his Grotto.

Each season, you will find FOTS hard at work providing enjoyment and expanding the children's experiences. There's an Easter Fun Afternoon, a Summer Fete with the ever-popular apple bobbing; and this year Mrs Higgins and Mr Diffy were in the stocks having wet sponges thrown at them! And then there's a Halloween Fun event.

This is just a taster of the support FOTS do for Townley School. Without FOTS, we would not be able to enjoy all the fun activities they fund and run. The Staff, Pupils and Governors cannot thank them enough for all their hard work.

Yvonne Chennery







## NEALE WADE ACADEMY AIR CADETS' SUCCESS

On February 9<sup>th</sup>, we welcomed Group Captain David Boreham, Regional Commandant of the RAF Air Cadets, to review our CCF RAF Contingent. Our

CCF was set up in September and now has over 30 Year 9 cadets from Neale-Wade Academy and Cromwell Community College. During Gp Capt Boreham's visit, each cadet received the First Class Cadet Certificate. The cadets then demonstrated some of their skills to the visitors present. Gp Capt Boreham said, "Congratulations to every cadet of Neale Wade Academy and Cromwell Community College for reaching their first milestone and for achieving their First Class Certificates. Considering the CCF RAF Contingent only started in September, it was fantastic seeing the cadets working so well as a team and looking so smart on Parade. It was an impressive turnout and welcome to the RAF Air Cadet Team".

Several of our senior cadets also received promotions and certificates for the Method of Instruction course.

*(Source: Neale Wade Facebook page)*



## This is my EpiPen.

*By Lauren Barker, Facebook Post*



This is my EpiPen. One day it might save my life, but it's likely that I won't even be the one to administer it, which means I'm relying on one of you lot to stop me from dying. So I thought I'd make a post on how this bad boy works, and hopefully, if you happen to see me or anyone in need, you'll be able to help out.

**Step one:** Take the blue safety cap off but keep it upright (keep the blue cap end pointed up to the blue sky. *Orange to the thigh, and blue to the sky*)

**Step two:** Hold the pen about 10cm(ish) away from my thigh (either thigh will do), keeping the orange part facing towards me, DO NOT LET YOUR HANDS OR FINGERS GO ANYWHERE NEAR THE ORANGE END! (OVER CLOTHING)

**Step three:** Jab that sucker right in my thigh!

The orange safety piece will retract when you hit my leg. If you do it right, you will hear it making a clicking sound! The needle will automatically pop out and deliver some life-saving adrenaline. Remember though, HOLD FOR 3 SECONDS for all of it to be delivered into me.

*Some people also need more dosages of adrenaline, so will be given more than 1 pen ...(like myself), so always check their bags to see if they have more than 1 epipen, if so, then same again as before straight after the first dosage but in the opposite leg. ONLY IF THE FIRST ONE FAILS TO HELP THEM.*

**Step four:** Dial 999, ask for an ambulance! Remember to say the word '**anaphylaxis**'. They'll know what it means. And that's it, you just saved a life, you little hero! It's really simple and it probably doesn't need a post as it's all written down on the side of the pen, but if one person gets use out of this, then it was worth it!





## TOWNLEY SCHOOL AND PRE-SCHOOL

Christchurch, Wisbech, Cambs. PE14 9NA  
 office@townley.cambs.sch.uk  
**Website:** www.townley.cambs.sch.uk  
 01354 638229



Facebook—Townley School  
 and Pre-School

Remember that our website  
 has lots more information  
 about the school.

**February 2023**

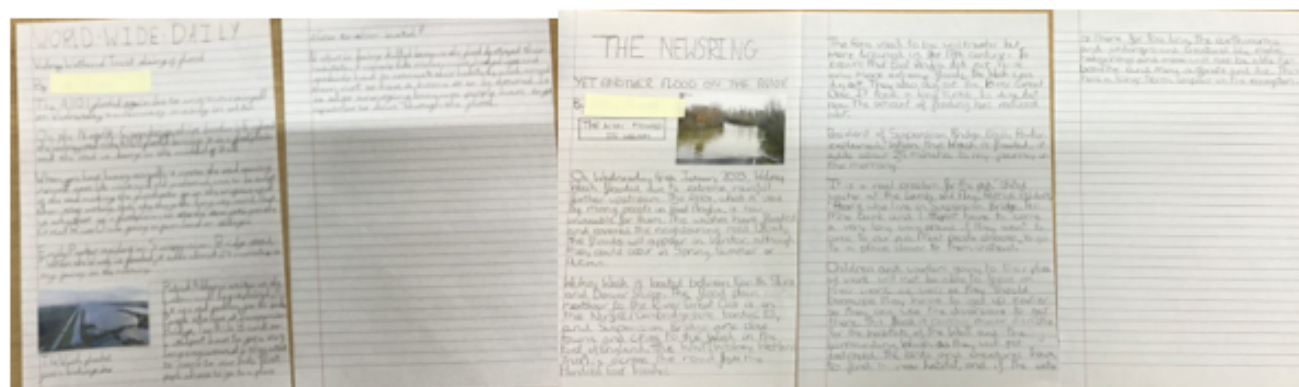
### EYFS Class (Nursery and Reception)

Early Years loved spending time in the wooded area for Forest School this term and have become really interested in British birds. The children loved looking at the book 'My First Book of Birds', and using binoculars to spot birds outside. We made bird feeders which we hung in the trees. I think the local squirrels also enjoyed them! Making model birds proved a popular activity and the results were amazing.



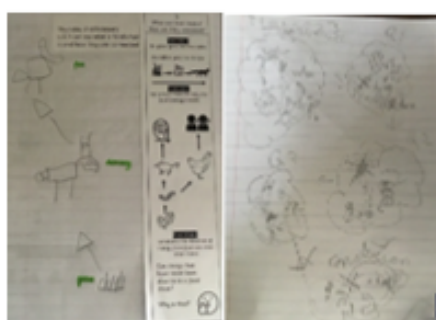
### Emerald Class (Year 3 and 4)

One of our units of English this half term was to write a news report about an event linked to rivers. We chose to report about the Welney Wash flooding as it affects both children and staff at Townley Primary school. We spent some time learning about the floodplain, the River, The Great Ouse, and looking at how it affects people, businesses and the wildlife.



### Emperor Class (Year 5 and 6)

In English we have been writing 'Formal Letters of Application'. We have been closely focussing on the purpose of each paragraph and ensuring we include expanded noun phrases, a rhetorical question, a subjective verb form and positive and persuasive language. In Maths, we have continued our work on ratios with a particular focus on problem solving. In Guided Reading we have been reading 'I am not a Label'; we have been summarising, developing inference skills and giving a personal response. In History we learned about the Mayan number system and made comparisons with Roman numerals. In Computing, the class worked in small groups to compose their own piece of music, using Scratch. In Science we looked at levers, pulleys and gears. The class conducted an experiment balancing different weights on a metre stick placed on a tube. In Music we began to bring everything we had learned together to create a performance.



### Hawker Class (Year 1 and 2)

The children have been learning all about 'living things and their habitats', and we explored different micro-habitats in our forest area. Who knew there were so many minibeasts living under the logs! This week, the children have explored food chains in detail, and learned about producers, primary consumers and secondary consumers. They answered the question "can an animal be both predator and prey?"



## Youth Club Photos

The youth club held on Thursday 16th February was a great success. Those who went along are certainly looking forward to the next one!



## Wildlife Watching in March

When it comes to March, the first animals that come to mind are hares! After all, the phrase 'mad as a March hare' comes from their increased amorous antics this time of year. The males can sense when a doe is about to come into season and will follow close behind her, often chasing her as she tries to get rid of them. Although the bucks do fight each other to compete, usually when you see hares boxing, it is a doe telling off an over-enthusiastic buck! We have brown hares in our neck of the woods, which are Britain's fastest land mammal and can go up to 40mph. This speed gives rise to another phrase to 'kiss the hare's foot', which means you are running late – you've hesitated, the hare is gone, and all that is left is a footprint.



This month, we have some beautiful daffodils, particularly in Upwell, as shown on the front cover! There are so many beautiful varieties of daffodils or Narcissus. In fact, there are at least 25 different species and up to 13,000 hybrids. Daffodils are not native to the UK and were originally brought over by the Romans. The Latin name Narcissus is believed to be inspired by the Greek myth of Narcissus. The story is that he saw his face reflected in a river and was so enraptured by his own beauty that he could not look away. He eventually died and was replaced by the flower, which, like Narcissus, can often be seen on a riverbank, leaning over the water to look at its reflection.

Skylarks are a lovely thing to spot this time of year, although you'd probably hear them before you spot them. Male skylarks hover at 50 - 200 metres in the air, fluttering their wings to remain stationary for a little over 2 minutes (but can be up to 30 minutes) as they sing loudly across the fields. Their beautiful song is complicated and varies greatly from bird to bird. This is because it mimics other birds' songs (linnets, corn buntings, curlews, redshanks and more) and blends them together to create a unique song depending on what skylark has heard over its life. These birds sing almost all year round, but they sing to attract a mate this time of year. They make grass nests on the ground, which makes them susceptible to predation. It is believed that this nesting method has contributed to their recent extreme decline in numbers. Surprisingly, the hatchlings leave the nest before they can fly at only 9 days old! However, they stick close by for a further 10 days to get their meals from their parents. Despite their unremarkable appearance, they are the most mentioned bird in poetry, and their lovely song is associated with daybreak.



*By Hollie Dorward*

# Kids Corner

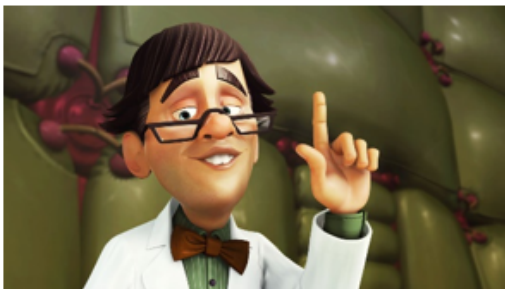
## The Heron is going NUTS this month!

Even if you have a nut allergy, you will find this quiz a great one. See how many you can get right!

1. These nuts grow outside their fruit!
2. These nuts grow underground
3. These nuts grow in the Amazon Forest and their name is also the name of a country.
4. These grow in people's gardens and inside, there are 2 halves.
5. These nuts are what Marzipan is made of.
6. These nuts are green!



## Have you seen this film? **THE NUTTY PROFESSOR**



Harold Kelp is a young inventor. He is frequently attacked in his visions by his fear, which takes the form of a group of burly dodgeball players as well as a black monster. After encountering an angry mob involved in his bad inventions, Harold is informed by his robot assistant, Robin that he will be sent away to a science academy where his grandfather, Julius Kelp has taken up a duty as Professor.

Upon his arrival, Harold befriends a duo of misfits, Zeke and Ned who welcomes him into their dorm, has a run in with a bully named Brad and meets a beautiful girl named Polly McGregor whom he becomes enamoured with. Wanting to impress Polly, Harold gets his hands on his grandfather's secret elixir, the Secrets of Love, which he believes will help him win her affection. He drinks it, unleashing his cooler, hipper alter ego Jack, who causes mischief.

Jack starts out popular with the students, but his behaviour and ego get out of hand. Also, because of Jack, Harold is failing classes. When he learns of Harold's problem, Julius transforms into Buddy Love to teach Harold to be himself. Later on, Harold's fear is accidentally brought to life by one of Julius' inventions, but he manages to defeat it by facing it. Jack says good-bye to Harold and disappears into him, leaving Harold to share a kiss with Polly.



**\*If 1=3, 2=3, 3=5, 4=4. 5=4, Then, 6=?**

**\*\*I am an odd #. Remove one letter. I become even. What # am I?**

**Answers on  
page 18**





## No crown for King Charles on new postage stamps.

**DID YOU KNOW?** .... Britain's postage stamps are unique in not showing the name of the country, and the new stamps have nothing except the King's head, the price and also, now, an attached barcode.

The design is based on a sculpture made by artist Martin Jennings for the new King Charles coins - with the image then digitally adapted for stamps. Millions of new stamps are being printed, which will be used concurrently with those of Queen Elizabeth II, which will be sold until the old stocks run out.

King Charles become the seventh monarch to appear on stamps - Queen Victoria was the first, in 1840, when her profile was shown on a "Penny Black". The picture of Queen Victoria used on the first stamps originated from an earlier sketch drawn when she was 15 years old, and that continued as the image used until her death at the age of 81.



## How to feel more alert

A recent study found that people were more alert when they woke up if they had done more physical activity the previous day, slept in for longer, or eaten a breakfast high in carbohydrates.

**Physical activity** is known to benefit sleep, but it also improves energy after waking.

**Sleeping in longer** than normal is believed to improve energy because you wake up closer to your circadian assent when you are most alert.

**A breakfast high in carbohydrates** was associated with greater energy than high protein or high sugar breakfasts.



TREAT YOUR MOTHER TO ONE  
OF OUR MEALS OF THE DAY

MOTHER'S DAY LUNCH

SUNDAY 19<sup>TH</sup> MARCH

12-3PM

3 COURSE MEAL £20

MOTHER'S DAY CREAM TEA

4PM-6PM BATES BAKES £17

UNLIMITED TEA/COFFEE



# Puzzler!

Can you fill in the rest of the words to make the sentence make sense?  
The first one is done for you. (Answers below.)



1. 26 L of the A
2. 7 D of the W
3. 7 W of the W
4. 12 S of the Z
5. 66 B of the B
6. 52 C in a P (W J)
7. 13 S in the U S F
8. 18 H on a G C
9. 39 B of the O T
10. 5 T on a F
11. 90 D in a R A
12. 3 B M (S H T R)
13. 32 is the T in D F at which W F
14. 15 P in a R T
15. 3 W on a T
16. 100 C in a D
17. 11 P in a F (S) T
18. 12 M in a Y
19. 13 is U F S
20. 8 T on an O

## 26 Letters of the Alphabet

### MATHS PUZZLES ANSWERS - From page 16

6=3, because 'six' has three letters

I am the number seven (take away the 's' and it becomes 'even').

### NUTTY QUIZ ANSWERS

Cashew nuts  
Peanuts  
Brazil nuts  
Walnuts  
Almonds  
Pistachio nuts



Answers to Puzzler above:

1. 26 Letters of the Alphabet.
2. 7 days of the Week.
3. 7 wonders of the world.
4. 12 signs of the zodiac.
5. 66 books of the bible.
6. 52 cards in a pack (without jokers).
7. 13 stripes in the United States flag.
8. 18 holes on a golf course.
9. 39 books of the Old Testament.
10. 5 toes on a foot.
11. 90 degrees in a right angle.
12. 3 blind mice (see how they run).
13. 32 is the temperature in degrees Fahrenheit at which water freezes.
14. 15 players in a rugby team.
15. 3 wheels on a tricycle.
16. 100 cents in a dollar.
17. 11 players in a football (soccer) team.
18. 12 months in a year.
19. 13 is unlucky for some.
20. 8 tentacles on an octopus.



## Christchurch Stargazers



**Check out the night sky and see if you can spot The International Space Station.** It is the largest modular space station in low Earth orbit. The project involves five space agencies: those include the United States' NASA, Russia's Roscosmos, Japan's JAXA, Europe's ESA, and Canada's CSA. It provides a platform to conduct scientific research, with power, data, cooling, and crew available to support experiments.



**To spot the ISS,** look for a bright, white spot of light moving quickly across the sky from West to East. The light will be constant, so if it flashes, or you see red lights, that's a plane. However, it is not visible from every location every night. Sometimes it can be seen in the wee small hours before sunrise; also, sometimes as the evening sky is darkening after sunset.

To find out when the ISS will be visible near you, enter your location at NASA's 'Spot the Station' website ([spotthestation.nasa.gov](http://spotthestation.nasa.gov)). View on Maps: [google.com/maps/space/iss](https://www.google.com/maps/space/iss)

Mark Andrews

## Christchurch Art Group



We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 1.30-3.30 in the Village Hall (term time).

- Our focus is to explore and experiment with the various painting and drawing media
- To enable participants to develop their own style
- Above all to have fun and enjoy the sessions
- The sessions are planned and adjusted to suit, depending on the experience and interests of the group
- The group leader is experienced in a wide range of media, and has some art materials for you to try out if they are new to you. \*We have suitable paper for a reasonable cost to purchase and materials can be borrowed until you have your own\*. Our group is friendly and relaxed and we love to welcome new folk.



If you would like a programme, please contact Jan and one will be sent with any further information.

Please contact Sandra 01354 638478 or Jan 01354 638217. ([clifford.jjr5846@gmail.com](mailto:clifford.jjr5846@gmail.com))

## Christchurch Book Club



Christchurch Book Club met in February and we were discussing the last book "The Burning Girls" by C. J. Tudor. Lots of good feedback from the group on this book, which is also being made into a TV series for Paramount +. An unconventional vicar and her daughter move to a remote village where, 500 years ago, eight protestant martyrs were burnt at the stake outside the church. Thirty years ago, two local girls went missing. The vicar discovers dark and unusual things happening at the church, but she finds the community tightens to protect its links with the past. This book got a big thumbs up from us.

The next meeting will take place on Tuesday 7th March at 7.30pm at Pat Rigby's house, 75 Church Road, where we will discuss the current book, "The Glass House", by Eve Chase.

The next book in March will be "The Midnight Library" by Matt Haig.

New members always welcome.  
For further details please contact Pat Rigby on 07776 142642.



## NEW!! COFFEE/ LUNCH BREAK

**By popular request, Lunch Break is changing its times.**

**Come over for a coffee; bring your lunch as usual; just come for a chat...**

**Coffee/Lunch Break this month – 8th and 22nd – 11 am - 1 pm, in the Community Centre. (A warm space!)**

**IT'S FREE! Everyone welcome.**

**Always the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month.**

**Contact: Annie on 01354-638088**

We were rather thin on the ground on the 14<sup>th</sup> of February, having received apologies from several members. The date may have had something to do with that ((-: ... although several people have not been well lately.

As this was a Quiz evening, we started off with a very enjoyable quiz. A multiple choice version, where each question had a choice of 3 possible answers. Each of the 3 winners received a colourful pot plant.



Then we were able to look at several photo albums which Ann Hicks had brought along. The albums were filled with newspaper cuttings about people and events from the village going back a good number of years. Several of our members have lived in the village for over 40 years, and some were born here. It was a very sociable and enjoyable evening, with many tales of days gone by in Christchurch, and much laughter, remembering funny incidents associated with some of the cuttings.

Next meeting, March 14<sup>th</sup>: Speaker – Hannah Padfield, from the NFU.  
Competition – a smooth item. Refreshments – Peggy and Margaret.



Sue Norman



## Christchurch Gardening Club

### “New beginnings”

Like most long established groups, the Gardening Club has some longstanding events and ways of working, one of which is the annual AGM. This is the meeting when the club shakes off the inactivity of the previous few months and begins anew. The AGM falls on the third Tuesday in February, which by coincidence is almost exactly a month from the beginning of Spring. Officially, Spring begins on Monday March 20<sup>th</sup> this year, which is the Spring Equinox.

Once again, this year the vote for the committee went through on the nod, with all members remaining in place. Steve Hawthorn, Chairman; Marion Hawthorn, Secretary; Peggy Warby Treasurer. These are the other members who remain on the committee: Tracy Day, Graham Warby, Sandra Kay and Jenny Head. Our Secretary, Marion, has been beaver away, and managed yet again to offer our members a full and vibrant diary of events and speakers for this year, beginning with award winning Mike Day, who will be giving a talk on “Vegetables in My Time” on March 21<sup>st</sup> 7pm.

So, we at the gardening Club are looking forward to another great year, and yes, dear reader, you can come and join us. Just call 01354638230 for details or come along on the night. Information on meetings is displayed at the Community Centre and in the Diary Dates section of the Heron.

Steve



## Indoor Short Mat Bowls

New club meeting every Monday 7-9pm at  
Christchurch Community Centre.

ALL WELCOME! (Spare bowls available to loan.)

For further details call Janet Harper on  
07941 465319.



**Christchurch Over 65s Parish Lunch**  
**Sunday 16 April 2023**  
**12.30 for 1.00pm**  
**Christchurch Community Centre**

If you (or your partner) live in the Christchurch Parish and are 65 or over, we would love you to join us for our Annual Lunch on 16 April.

Booking is essential, so please call Ruth Ingram on 01354 638419 for more information and to book your place.

We hope you can join us.  
Parish Lunch Committee



**Rural Households Survey**  
**on the Cost of Living**



**Do you live in a rural area and are you feeling the pinch?**

The Rural Services Network and the Rural Issues Group of Citizens Advice are jointly running a survey to understand more about rural household budgets at, what is, a very difficult time for many.

Research commissioned by the RSN last year shows rural areas are suffering more acutely from the rise in the cost of living. Results from the survey will help us to engage more effectively with Government Departments, MPs and other policy makers.

[https://www.surveymonkey.co.uk/r/Rural\\_Households\\_Cost-of-Living](https://www.surveymonkey.co.uk/r/Rural_Households_Cost-of-Living)



<<<  
Scan the QR code to  
access the survey  
and tell us your views

The survey closes on 31 March 2023

**KATIES**



**GARDEN SERVICES**

**HOURLY & DAILY RATES AVAILABLE**

- GRASS CUTTING
- WEEDING
- PLANTING
- CREATING NEW BORDERS
- SPRING/WINTER GENERAL GARDEN TIDY
- PATIO CLEANING
- PRUNING / TRIMMING
- REVIVING WOODEN GARDEN FURNITURE
- FENCE MAINTENANCE

**KATIESGARDENSERVICES@GMAIL.COM**

**TEL. 07929 005347**



**The Wavelength Group**

t/a Animal Wavelength & Healing Wavelength

*Complementary Therapy for animals and people*

We offer the following services:

- *Puppy, Rescue, Reactive & Dog 121 Training*
- *Reactive Dog Group Walks*
- *Dog Walking*
- *Pet Visits*
- *Group Walks*
- *Puppy and Dog Play & Social Sessions*
- *Animal Reiki & Healing Sessions*
- *Spiritual Healing Therapy Session*
- *Animal Assisted Therapy & Training Sessions*
- *Energy Clearance Sessions*
- *Meditation & Mindfulness Evenings*
- *Oracle & Tarot Card readings*

I am fully insured, DBS checked, qualified and pet first aid trained for all animal and healing services.

I use an enclosed field, based at Christchurch Community Centre and a Therapy Room.

For more information contact Emma on 07434 153002 or [info@thewavelengthgroup.co.uk](mailto:info@thewavelengthgroup.co.uk)

<https://www.facebook.com/TheWavelengthGroup7>  
<https://thewavelengthgroup.co.uk/>



# CHRISTCHURCH ELECTRICAL

Simon Freeland Hill Farm, 3 Church  
Road, Christchurch, PE14 9PQ

Tel: 01354 638802 Mobile: 07727 046439



Domestic electrical work undertaken.  
No job too small.  
Free quotations / estimates.



[www.electricalcompetentperson.co.uk](http://www.electricalcompetentperson.co.uk)

[www.electricalsafetyregister.com](http://www.electricalsafetyregister.com)



[www.allpestscontrolled.co.uk](http://www.allpestscontrolled.co.uk)

WOODWORM

SQUIRRELS

BEDBUGS

RABBITS

MOLES

WASPS

MICE

BIRDS

RATS

FLEAS

ANTS

BEES



Call Danny on

**Tel: 01945 772 153**

**Mob: 07795 073 985**



## A JONES & SON

*TELEVISION SALES/REPAIRS/INSTALLATION*

FREE LOCAL DELIVERY

FIRST CLASS AERIAL INSTALLATIONS/ADDITIONAL POINTS

26 March Road, Wimblington, March, Cambs PE15 0RN

Tel: 01354 740320

CLOSED ALL DAY TUESDAYS

## FOUR SEASONS TREE SERVICES

Qualified & Professional Tree  
and Client Care

PRUNING ● LOPPING ● FELLING

PLANTING ● REDUCING & RESHAPING

CROWN RAISING ● HEDGE TRIMMING

THINNING ● POLLARDING ● STUMP REMOVALS

OVERGROWN GARDENS PUT BACK INTO SHAPE

FRUIT TREES TREATED ● LOG & WOODCHIP SALES



FREE ESTIMATES & ADVICE WITH NO OBLIGATION

For quality jobs at a competitive price call:

**Home: 01353 721665 - Mob: 07771 707921**

All work carried out to BS 3998 Standard

A genuine family managed business est. for over 30 years - Fully Insured

THE NAME YOU CAN TRUST



This company offers a 7 day cooling off period



## 645 Services Ltd

*For your complete Oil Services*

Registered Office: 12/13 The Crescent, Wisbech,  
Cambs PE13 1EH – Director: B E Easey  
Company Registration Number: 07872493  
VAT Number: 126 5422 30

For a competitive oil quote, for delivery  
in the village and surrounding area,  
(Outwell, Upwell, Tipps End, Welney)  
please call 645 Services' local  
Representative, Elaine, on 01354  
638310 or 07803 178824  
**(office hours only please)**  
or Email: [elaine@645services.co.uk](mailto:elaine@645services.co.uk)

We will always try and be the best price  
around - with local deliveries scheduled  
for most weeks throughout the month.



**P R PARKER**

Established 1978

## General Building and Maintenance

Carpentry      Glazing  
Plumbing      Painting  
Plastering      Decorating  
Bricklaying      Rendering  
Roofing      Guttering  
Refurbishment  
& Renovation

**01354 638380**

**FREE ESTIMATES**

All types ~ Houses ~ Flats ~ Shops ~ Offices



### **Opening times:**

Mon-Thurs 4pm-11pm  
Friday 2pm-12am  
Saturday 9am-12am  
Sunday 12pm-11pm

### **Food available:**

Monday Breakfast 9-11am  
Tuesday 6-9pm  
Fish Fridays 6-9pm (unless an event)  
Saturday Breakfasts 9-11am  
Saturday Pizza Night (unless an event)  
Sunday Lunch 12:30-3pm

### **Forthcoming Events:**

**A.R. CLINGO**

**FUNERAL DIRECTOR**

Family Independant  
Business

Private Chapel of Rest  
Personal Attention

**24 Hour Service**

*Full estimates given at all times*

Golden Charter  
Funeral Plans



Pinfold House  
St. Peter's Road  
Upwell, Wisbech  
Phone 01945 772502



**Paul Braybrooke**  
**Oil Fired Boiler Engineer**

**Boiler Servicing  
& Breakdown Service**

**Commissions**

**Tank Replacements**

**Phone: 01353 777788  
or 07946 735691**



**We believe you and your loved ones should be cared for with dignity and respect whether you are looking for short term cover or long term ongoing help, in the place you feel most comfortable - your own home. Pure Heart Homecare will ensure this by:**

- ♥ Providing your loved ones with the highest standard of care
- ♥ Recruiting Support Workers you can trust
- ♥ Using experienced and caring staff
- ♥ Supporting and rewarding our staff to endorse our values and ensure staff continuity.



130 Wisbech Road, Outwell, PE14 8PF | [www.purehearthomecare.co.uk](http://www.purehearthomecare.co.uk)

**Call: 01945 773861**

## Upwell Computer Repairs

Sales – Repairs - Maintenance - Upgrades

Sales & Support	Laptop Screen Replacement
Broadband Setup	Windows Reinstallation
Virus Removal	Hardware Upgrades
Tuition	Software Upgrades
Web Design	On-Site Services
Email Setup	Custom Built PC's
System Installations	Internet Security
Data Recovery Services	Network Installations



**Contact Lewis today for a free consultation**

Phone: 01945 772717 - 07849 778525

Email: [support@upwellcomputerrepairs.co.uk](mailto:support@upwellcomputerrepairs.co.uk)

Web: [www.upwellcomputerrepairs.co.uk](http://www.upwellcomputerrepairs.co.uk)

**OLP**  
online playgrounds

Your Complete Outdoor Play Solution

**Design  
Manufacture  
Install  
Maintain  
Parts**

+44 (0) 1354 638 359 | [sales@onlineplaygrounds.co.uk](mailto:sales@onlineplaygrounds.co.uk)

[onlineplaygrounds.co.uk](http://onlineplaygrounds.co.uk)



## Qualified Seamstress

*All dressmaking and sewing jobs undertaken. Alterations to clothing and curtains.*

***Please contact: Sandra Kay  
on 01354 638478***

## SARAH JANE'S NURSERY

Mobile: 07905 368729

The Bungalow, Fifty Road, Manea, Cambridgeshire.  
PE15 0HN

*Sarah Cross*

[sarahjanesnursery@outlook.com](mailto:sarahjanesnursery@outlook.com)

Also on Facebook



# GRANARY STUDIO

Your local picture framer

**01354 638614**

[www.granarystudio.uk](http://www.granarystudio.uk)

The Granary  
Hall Farm, Upwell Road  
Christchurch  
PE14 9LJ



March Stationery & Print

Booklet Printing  
Business Cards  
Digital Photos  
Leaflets  
Newsletters  
Banners

**01354 656614**

[sales@marchsp.co.uk](mailto:sales@marchsp.co.uk)  
5 Fenland Walk, March, PE15 8TW



## LW Vehicle Services Ltd *Car and Commercial Repairs*

- Class 4 and 7 MOT Testing
- Full Diagnostic Service
- HGV Maintenance
- Batteries - Tyres - Exhausts
- Welding and Fabrication
- Timing Belts
- HGV PMI Inspections
- Aircan Service and Repair
- Courtesy Car Available
- All Service and Repairs Undertaken
- Car and Van Sales

Call **01354 610172**  
Email [lwvs@outlook.com](mailto:lwvs@outlook.com)  
Web [lwvehicleservices.com](http://lwvehicleservices.com)



March Road, Welney, PE14 9SE



## Wisbech •FUNERAL SERVICE•

### Independent Family Funeral Directors



Funeral Directors James  
and Laura are proud to be  
serving the community

Personal, caring & affordable

Advice without obligation  
24 hours a day



**FUNERALS FROM £2,495**

Inclusive of all fees

Chapel of Rest

Traditional, Modern & Eco-friendly funerals  
Pre-paid & pre-arranged funeral plans

17 Old Market, Wisbech, Cambridgeshire, PE13 1NB

**01945 405950 (24hr)**

[www.wisbechfuneralservice.co.uk](http://www.wisbechfuneralservice.co.uk)

# WELLE CINEMA Sunday 5th March Three Holes Village Hall **TOP GUN MAVERICK**

**12a**

After more than thirty years of service as one of the Navy's top aviators, Pete "Maverick" Mitchell (Tom Cruise) is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him.

**Starts 2pm doors open 1.30pm,  
£3.50 pp.**

**BAR & REFRESHMENTS**

*For more details go to  
[www.threeholesvillagehall00.org.uk](http://www.threeholesvillagehall00.org.uk)*



**dermalogica®**



*Beauty Treatments by Jane*

NVQ – op.i – Babtac.

Rose Cottage, Christchurch,  
Cambs.

**Telephone: 01354 638378**



**JESSICA®**  
Manicures &  
Pedicures



Microdermabrasion  
Facials  
& Gel Nails  
& Pedicures



ST. TROPEZ  
The Ultimate Tan

**Non-surgical Face lifting Treatments**

# Outwell Timber

**For all your Timber and Building Supplies**

**ISLE ROAD, OUTWELL  
PE14 8TD**

**Tel: 01945 77 21 16**

**FENCING, PANELS, TRELLIS  
TIMBER, PLYWOOD, DECKING**

**SAND, BALLAST, GRAVEL**

**SCREWS, NAILS, BOLTS**

**PAINT, SILICONE, HAND TOOLS**

**LOCKS, ELECTRICALS, PLUMBING,  
GUTTERING**

**UNDERGROUND PIPE & FITTINGS**

**CEMENT, MULTIFINISH, PLASTERBOARD**

# Russell's Family Butchers

**Family butchers for 5 generations.  
All of our meat and poultry is fresh  
free range from our own farm.**

**Visit us at our shop in Upwell or at  
our market stall in March  
(Saturdays) or Wisbech  
(Thursdays and Saturdays).**

**97 School Road, Upwell,  
PE15 9EW**

**Tel: 01945 773419**



# YOUR LETTERS

Dear Editor,

I was reading the February edition of "The Heron", and was pleasantly surprised to read the piece you did about Bloodbikes. I am currently a Bloodbiker in the village, and if you hear a motorbike roaring off at all hours of the night, that's probably me.



One thing you didn't mention in the article is that it is completely run by volunteers; in most cases we use our own vehicles, pay for the fuel ourselves and run 24/7 365 days a year. Also, it's not just blood products that we transport, but also breast milk for babies in Hospital, samples taken for testing, prescriptions for people that cannot fetch them themselves, and we even restock the air ambulance every day with blood!

I have included a few photos so you can see what we get up to. One is me leaving for my first ever call; another is my daughter and me when she came on a call with me at the National Blood Bank in Cambridge, and last one is my daughter showing off her "Thanks NHS" box she made just before we went on the "NHS ride of thanks" which saw over 100 bikers ride through the streets from Littleport to

Cambridge and ending up at Addenbrookes Hospital.

Anyway, keep up the good work, The Heron is always a good read.

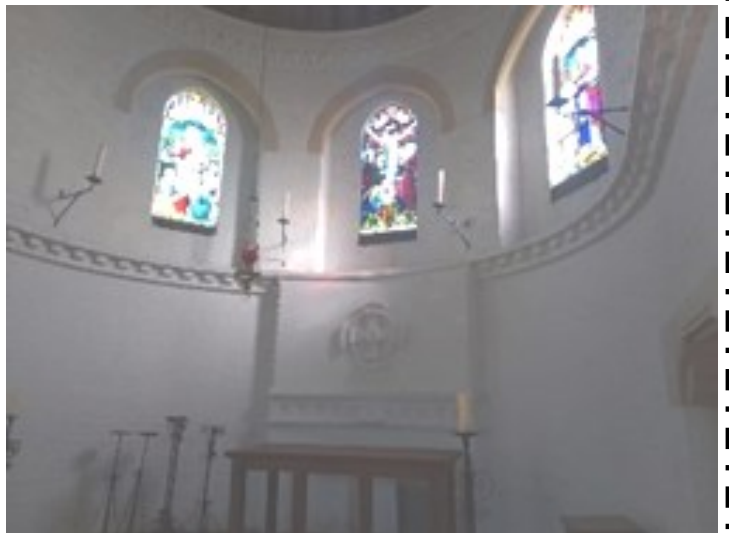
Kind regards.

Giles Thorlby. (See also page 6)



## Our beautiful but empty church ... missing you!

*Photos: Graham Chappell*





## ST DAVID'S CHICKEN AND LEEK HOTPOT



**Cook – 20 minutes**

**Easy**

**Serves 4**

### Ingredients:

- 2 baking potatoes, peeled and cut into chunks
- 2 leeks, well washed and cut into thick slices
- 3 medium carrots, peeled and cut into 3cm/1.25in slices
- 300ml hot chicken stock
- 4 skinless, boneless chicken breasts, diced
- 3 tbsp double cream
- 1 tbsp chopped fresh parsley
- bread rolls to serve

### Method

**Step 1:** Cook veg – Toss potatoes, leeks and carrots together in a shallow microwaveable dish, with some salt and pepper. Pour over the stock. Cover the dish with clingfilm, and pierce a few times with the point of a knife. Cook on High for 10 minutes until the potatoes are just starting to become tender.

**Step 2:** Cook the chicken: Remove the dish from the microwave, peel off the clingfilm and stir in the chicken. Cover the dish with fresh clingfilm and pierce again. Cook on High for 6 minutes, or until the chicken is cooked and succulent.

**Step 3:** Finish the dish: Remove the dish from the microwave, uncover and stir in the cream and parsley plus black pepper to taste. Serve straight from the dish, with bread to mop up the juices.



### Why not finish off your meal with some Welsh cheese?

There are over 60 Welsh Cheeses! Here are a few of them:

**Green Thunder** comes from Snowdonia, Wales and is made by the Snowdonia Cheese Company. This green wax coated truckle is a tangy, creamy mature cheddar blended with garlic and herbs.



**Gorwydd Caerphilly** is a Welsh cheese hailing from Ceredigion. The cheese is made from raw cow's milk and it's left to mature for 3 months. Right underneath its thick moldy rind, there is a mushroomy layer, and as the texture goes towards the centre, it becomes chalky, creamy, and open. The aromas are earthy, while the flavours are milky, citrusy, and mushroomy. Serve it on its own or with crackers.

**Harlech Truckle** is a Welsh cheddar cheese produced by Abergavenny Fine Foods in Pontypool. The cheese is made from pasteurized cow's milk, chopped parsley, and chopped horseradish. Underneath its orange waxed rind, the texture is smooth, creamy, and semi-soft. The aroma is fresh, while the flavours are mild, tangy, and spicy. It's recommended to serve this cheese on a cheeseboard accompanied by omelettes, sandwiches, apples, or crusty bread.



### Pwll Mawr Smoked Cheddar

This mature cheddar is aged at the bottom of the Big Pit mine in Blaenavon and then smoked slowly for 36 hours over oak chippings at the Black Mountains smokery in the heart of the Brecon Beacons national park.

Any views expressed in The Heron do not necessarily reflect the views of The Heron Editorial Team. The team aim to provide a balanced view of village opinions where such views are expressed. We reserve the right to edit any submissions where we feel this is appropriate.



The Heron is printed by  
March Stationery & Print, 5 Fenland Walk, March, Cambs PE15 8TW  
Tel: 01354 656614 Email: sales@marchsp.co.uk